

Growth Mindset Class Motto

Create a Class Motto with your students to help them commit to growth-minded choices.

1. Explain to students that part of growing our intelligence and being responsible is to make commitments (promises to ourselves) and stick to them.
2. Ask students to think if they have ever made a promise to themselves. Have them think silently. Then provide them with this sentence frame:
 - a. Once I promised myself that _____. I did this because _____.
3. Ask students to share with an elbow partner. Use random response cards or wooden sticks to elicit examples from the class.
4. Explain that today, we will write some statements that they will commit to as a class.
5. Today's statements, though, will be to take actions that help us grow, bounce back from mistakes (be resilient), and take on challenges.
6. Remember our lessons on the Growth Mindset? Each of us knew that we had some areas where we were more growth minded and some more fixed (like wanting challenges vs. how it felt to get feedback/corrected)
7. Today, we will decide how we want to act in the classroom when we are learning. We can write a pledge to say how we will respond when things get tough. This way we learn to respond in a growth mindset more often.
8. Let's use these frames:
 - a. When we feel challenged _____ because_____.
 - b. If something gets in our way, we will _____ because_____.
 - c. When it's time to practice _____.
 - d. If someone corrects us we _____ because_____.
 - e. When others are successful _____.
9. Let's post these on the wall and that will help us make more growth minded choices and grow our abilities!

**David Reese Elementary School
Elk Grove, CA
4th Grade Class Motto**

We pledge to:

- I. Get excited about challenges. We say Yea!**
- II. Keep trying, even when it gets hard.**
- III. Listen carefully when people are trying to help us.**
- IV. Cheer for each other when we work hard!**
- V. Remember that everyone has to practice if they want to learn.**

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