

# Y3 JM Class Assembly

On Tuesday, Y3 JM presented a lovely assembly showcasing their learning about The Stone Age. The children acted out the story of a boy who travels back in time to have adventures with a Stone Age girl called Om. All the children performed beautifully and there was some great singing too!









# Mindfulness



As you may know, children in school have been learning about mindfulness and how it can help their emotional well being. In assembly this week, we read the picture book, "What Does It Mean To Be Present?" which explains ways to enjoy being in the moment rather than worrying about what might happen next. If you have been following us on Twitter, you will also have seen photographs of staff and pupils responding to the "50 Ways To Take A Break" poster by relaxing and spending time doing something they enjoy. Lots of children also sent in lovely responses to our whole school "Take A Break" home learning task.

We would love all our families to find some time in their busy lives to be mindful. Why not try out these two activities from the "60 Mindful Minutes" pack?

## 60 Mindful Minutes

### 53 Your peaceful place

Use the picture frame below to create an image of your favourite or most special place.

Think about somewhere that you would choose to go to relax and feel safe and happy. This place can be imaginary or real, inside or outside. Make sure you fill your special place with all the things you would like to help you relax.

You could draw your favourite place, take a photograph and annotate it or make a collage from pictures and colours in magazines and newspapers as well as using crayons, paints and other materials to help make it come alive.



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## 60 Mindful Minutes

### 58 The factor WOW!

What are the things that fill you with wonder? Is it a rainbow, how you breathe, a newborn baby, a mountain, the sea, a butterfly, a forest of bluebells, a whale? You can do this next exercise in a group or on your own.

#### You need

- Paper or thin card
- Thick and thin felt tips

#### Now

- Make a big cartoon-style 'WOW!' in the middle of your sheet of paper.
- Use bright colours to make your 'WOW!' and draw one of these zig-zaggy shapes around it with a thick felt tip so it looks like a word from a cartoon.
- Think about all the things that fill you with wonder and make you want to say 'WOW!', and all the things that give you a special tingly feeling when you think about them.
- Maybe your 'WOW!'s are things in nature, or being loved in a special way, or doing something amazing, or a new baby, or being in a beautiful place. Maybe there are rainbows or crashing waves, or bees, or being on a mountain. Maybe they are being close to a waterfall, being hugged, a special piece of music, a tree or being in a place of worship.
- Write or draw your 'WOW!'s or moments of wonder all around your 'WOW!' word.
- Tell each other about your favourite 'WOW!' MOMENTS.

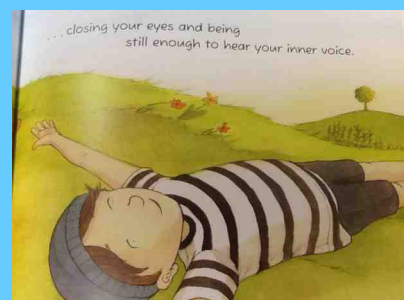
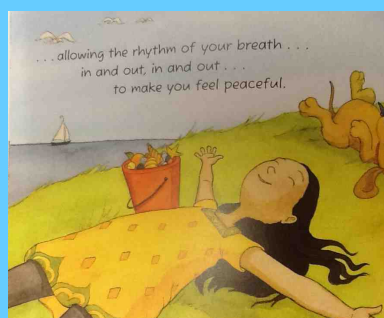
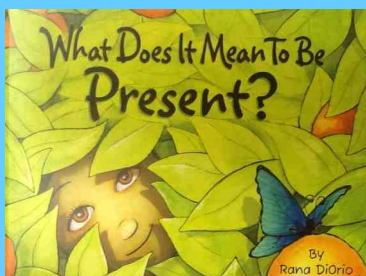
#### Things to talk about together

- What are things that give something a 'WOW!' factor?
- What 'WOW!'s did you have that were the same as someone else's 'WOW!'s?
- What was the biggest 'WOW!' you experienced in the last week?
- When you think about yourself what is the biggest 'WOW!' about you?

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# Y1 Fire Service Visit



Blue Watch paid Year 1 a visit on Tuesday to talk about fire safety. The children learned about what Fire Fighters wear (as modelled by Mr Lee), how important it is to have a smoke detector at home, the difference between a safe fire and an unsafe fire, and that you have to 'stop, drop and roll' if your clothes accidentally catch fire (as demonstrated by Kiyan).



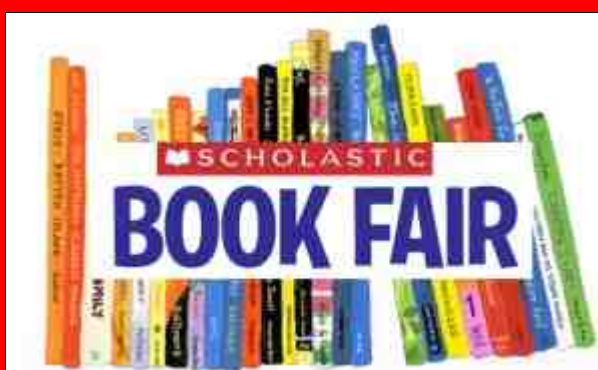


We are pleased to announce that we will be holding our annual book fair from Thursday 1st December to Tuesday 6th December.

Once again, if we can make £300 worth of sales, for every book that you buy, a free book will be given to our school library! Last year, we were able to add over £500 worth of free books to our school collection which was fantastic! Hopefully, with your support, we will do even better this time round.

The book fair will be held on the playground under the shelter from 3.00pm. Come early to buy or browse before the children leave school!! Lots of lovely titles, suitable for all ages, will be available to buy and many of the books would make wonderful Christmas presents.

Please pop along and take a look and remember that we are only able to accept cash payments. See you there!



# Christmas Performances



**If you are a parent/carer of a child in Reception, Year One or Year Two, you should have received a letter inviting you to watch your child's Christmas performance.**

**Don't forget to use the slip on the bottom of the letter to book your tickets which are free of charge.**

**Due to fire regulations, tickets are limited so please book early to avoid disappointment. Please also note that we cannot guarantee there will be room in the hall for family members without tickets.**

**Key Stage Two parents are invited to a recorder concert and Christmas sing-a-long on Thursday 9th December at 9.15am in the hall. We are not issuing tickets for this event but all Key Stage Two parents are most welcome!**



## PTA Christmas Present Wrap Room



The PTA will once again be running their popular Christmas Present Wrap Room during the school day from Thursday 8th to Tuesday 13th December.

### What is the Present Wrap Room?

The Wrap Room is a classroom full of presents suitable as Christmas gifts for a family member or friend. Each present costs £1.50 and a child can buy up to two gifts.

The PTA will help children to choose a present, wrap it and write a gift tag so it's ready to take home to give to whoever they have chosen to buy for...it might even be you!

*An envelope for the Present Wrap Room has already come home with your child. Please place your money inside and return it to the office as soon as possible. Please keep separate from all other payments.*



# Diary Dates

Tuesday 29 <sup>th</sup> November 2016	Y5 class assembly – all Y5 parents/carers are welcome at 9.15
Wednesday 30 <sup>th</sup> November 2016	Y6 residential visit to to Marle Hall.
Wednesday 30 <sup>th</sup> November 2016	Choir singing at Coughton Court at 1.15pm.
Thursday 1 <sup>st</sup> December 2016	Scholastic book fair in school.
Thursday 1 <sup>st</sup> November 2016	Book fair in school
Friday 2 <sup>nd</sup> November 2016	Book fair in school.
Friday 2 <sup>nd</sup> November 2016	Y6 return from Marle Hall.
Monday 5 <sup>th</sup> December 2016	Christmas lunches must be paid for by today using Parent Pay.
Monday 5 <sup>th</sup> December 2016	Y3 JM, last swimming lesson.
Monday 5 <sup>th</sup> December 2016	Book fair in school.
Tuesday 6 <sup>th</sup> December 2016	Y3 CB, last swimming lesson.
Tuesday 6 <sup>th</sup> December 2016	Book fair in school.
Wednesday 7 <sup>th</sup> December 2016	YR perform "It's A Baby!" – all YR parent/carers welcome at 9:30am.
Wednesday 7 <sup>th</sup> December 2016	Y1 perform "Angel Express" – all Y1 parent/carers welcome at 2:15pm
Friday 9 <sup>th</sup> December 2016	Recorder and choir performance to parents and carers at 9:15am.
Tuesday 13 <sup>th</sup> December 2016	Christmas lunch
Wednesday 14 <sup>th</sup> December 2016	Y2 perform "Christmas With Aliens" – all Y2 parents/carers are welcome at 9:30am.
Wednesday 14 <sup>th</sup> December 2016	Class Christmas parties, PM.
Thursday 15 <sup>th</sup> December 2016	Y3, Y4, Y5 and Y6 visit The Birmingham Repertory Theatre to watch a performance of "Treasure Island."
Thursday 15 <sup>th</sup> December 2016	Y6 recorder players performing for Myton Hospice at ASDA in the morning (time to be confirmed.)
<b>Thursday 15<sup>th</sup> December 2016</b>	<b>Break up for the Christmas holiday.</b>
Tuesday 3 <sup>rd</sup> January 2017	Children return to school.

## Selection Box Raffle

**Calling all chocolate lovers!**

We will soon be holding our Christmas selection box raffles to raise money for School Fund. All proceeds of the raffle are re-invested in to your child's education. Money is used to subsidise trips and buy extra resources that make learning even more fun.

If you would like the chance to win some yummy festive choc's, **please send 50p in to school in an envelope clearly marked with your child's name and class.**

Winners will be announced as follows:

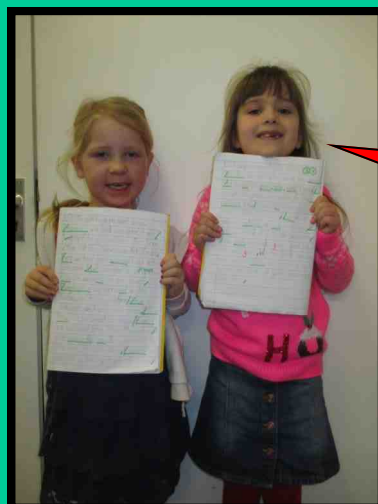
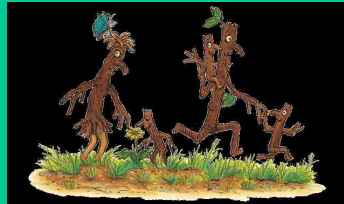
- Reception, Year One and Year Two on Thursday 8th December in assembly.
- Key Stage Two on Friday 9th December at the end of the recorder and carol Concert

There will be one winner per class. Good luck!



# "Stick Man" Theatre Trip

Children in Reception, Year One and Year Two were full of excitement on Friday following their theatre trip to see "Stick Man" at Warwick Art's Centre. Everybody enjoyed the show and pupils wrote some wonderful recounts in class on Friday morning.



Read our lovely recounts  
of the theatre trip on the  
next page!

LO To write a recount. 25.11.16

Yesterday we had a special treat!  
We got to go and see The Stick Man at the Warwick Arts Centre,  
First we had some yummy lunch in the classroom. Next we got in groups and then we walked to the coach.  
Eventually we arrived at the Warwick Arts Centre. Then a lady showed us to our seats. After that, we listened to music. Finally, we watched the Stick Man show. It was wonderful so I watched it till the end of the show. Finally we got to school in time for home!

LO To write a recount. 25.11.16

(I@)

Yesterday we went somewhere very special.  
First we ate our yummy, tasty, sweet lunch. Then we got into groups and waited for the beautiful bus. It was so big it was an cm high. Then we sat in the bus and watched our big journey. Finally we arrived at Warwick art university. Some people were holding some great paper. When the Stick man show was on, we all got to see it. Finally we got to school in time for home!



# Winter Fayre

The PTA Winter Fayre will be  
December at 3.20pm

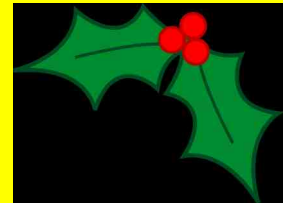
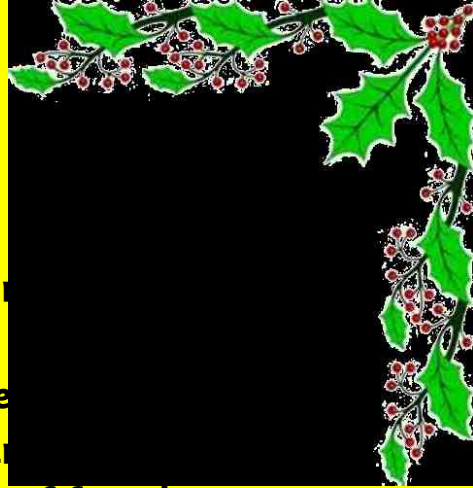
Please come along to enjoy the  
and refreshments including our  
winter grotto. There will be lots of fun things to  
do and plenty of activities to spend pocket  
money on.

Everybody is welcome!

## Photo of the week...



Here is Dean giving you a little clue  
about a special visitor to our Winter  
Fayre! Come along on the 9th to find  
out more.



# Other News

## Update on Sydenham's radio broadcast

As we mentioned last week, Sydenham has been invited to appear on BBC Radio Coventry and Warwickshire to talk about our "Unique Unicorn" book. The interview has been re-scheduled for Tuesday 6th December at 10.30am so please tune in.

## Swimming

We have been informed that Leamington swimming pool will be closed for refurbishment from January to June 2017. This means that we will be unable to use it for swimming lessons. We have explored alternative pools in the local area but, unfortunately, all are fully booked. We will keep you posted on the situation.

## Breakfast and Butterflies Clubs

Due to the increasing popularity of Breakfast Club and Butterflies After School Club, may we please ask you to complete new contracts to reflect your requirements from January.

We have noticed this term that, although some families have requested a Butterflies place, their children have infact not attended. In this respect, **it will be necessary to charge parents/carers for all sessions regardless of whether your child attends or not.** This is to free up any available spaces and enable us to meet the needs of as many families as possible.

Exceptional circumstances wil, of course, be considered and we will endeavour to accommodate children in emergency situations, as always.

Thank you in anticipation of your cooperation.



# Sydenham Super Stars!



# Sydenham Super Stars!



**Enjoy your weekend!!**  
**Best wishes from Miss Glenly and Miss Challand (Associate Head Teachers)**