



Butterflies Menu

Monday

Fromage Frais, Crudites (Carrot and Cucumber Batons) / 100% Fruit Juice

Tuesday

**Beans on Toast, Fresh Fruit /
Dried Fruit / Milkshake**

Wednesday

Fresh Fruit / Tea Cakes / Water

Thursday

**Toast & Butter / Toast & Marmite / Toast & Honey /
Fresh Fruit / Milk**

Friday

Baked Potato & Butter / Dried and Fresh Fruit / Water

Other suggestions;

**Cheese on Toast
Cheese Sandwiches
Cheese Sticks**

**Crumpets
Muffins**

Seeds (dried raisins & pumpkin seeds)

