

Monday 18th January, 2020

Wellbeing Gift - Hula Hoop



Dear parents and carers,

I hope you are all well and coping with the current lockdown. We are really missing having all of the children in school, and understand what a challenge supporting remote learning at home is for our lovely families.

To help out in some small way, we have purchased a special, weighted hula hoop for every child as a gift. Playing with hoops offers many benefits for children: hula-hooping contributes to cardiovascular health, as well as helping children to develop their gross motor skills, balance, body awareness, muscular coordination, and rhythm. Apart from its physical benefits, hooping is great fun for children!

If your child is learning at home at the moment, you may come and collect their hula-hoop from the school office, any time this week between 9.15am-4.30pm. If your child is in a Key Worker/Vulnerable 'bubble' in school, they will be bringing their hoop home today.

Happy hooping!

Yours sincerely,

Juliette Westwood

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Executive Head Teacher