

Friday 12th February 2021

Dear parents and carers of children in Key Stage 2 (juniors),

**A little gift from us to you!**

Our next small gift to the children is a sewing kit, containing a square of binka fabric, an embroidery needle and a skein of embroidery thread. Sewing is a fantastic activity for practising 'mindfulness' because you have to really concentrate! It's quite tricky, and your child will have to really persevere! Below is a picture of the stitches you can try first of all. Ask your child to start with a simple running stitch (the top red one), and progress to cross stitch (the green one). Your child will need a pair of scissors to cut the thread, and you may need to help them to thread their needle.

Please follow the link below to see a short video on YouTube—'Binca Stitching Lesson No.1: Running Stitch

<https://www.youtube.com/watch?v=t3FIpaNlmE>

Sewing kits are available for you to pick up from school today. I can't wait to see your child's sewing sampler after half-term. Happy sewing!

Best wishes,  
Juliette Westwood  
Executive Head Teacher

