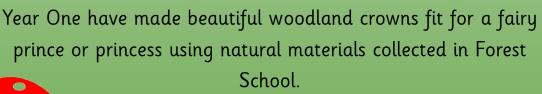


#### Newsletter 4 Friday 1st October 2021

#### O1926 339138 Admin2622@welearn365.com









UN Convention on the Rights of the Child Article 29: Goals of Education



2014|2015

Otsted Outstanding School

unicef 🕑

**PSQM** 

(NGLAN)

Soi Associatio

**Healthy Schools** 

AcSE





# Y4 Cello Lessons









Well done to all our budding cellists in Year Four. Keep up the great work!

### 12 Chocolate Worlds

Year Two have been using their unicorn learning character to help them imagine a world made from chocolate. The children wrote setting descriptions of their chocolatey worlds using adjectives for effect.



Come into my chocolate car and drive in the mud with the roof down! Climb on my chocolate trees and then jump on my puffy, soft chocolate clouds! Come and drink from my chocolate river then visit my yellow, yummy chocolate house.

Come and amuse yourself on some melted, delicious, milky chocolate. Have some silky, satisfying, scrumptious, gooey chocolate and bring your family!

Come to my sticky, candy licking dream! Dive into my scrumptious, chocolate tree house and visit my delicious, gooey river!

There is delicious chocolate everywhere. It is on the pretty flowers and the beautiful butterflies and on the rough waterfall. There is even dark chocolate on the creepy cave, on the hard rocks and the crunchy leaves.

## Peace

We're very pleased to see that Sydenham's poet laureate, Tayyaba, has picked up her pen again to write this inspirational poem on the theme of peace. Tayyaba was inspired by Mr Lee's assembly last week and has these wise words to offer:

Peace, peace, peace,

All we need is peace.

All religions say live in peace, respect and harmony.

Let's unite together and vanish hatred in the world.

Be equal, show kindness and people will treat you the same/

Oh! How wonderful the world would be.

Love for all and hatred for none.

#### By Tayyaba (Year Four)





UN Convention on the Rights of the Child Article 38: War and Armed Conflict

## Look who's reading...

Last week, Harry in Ms Knight's class took 2RK's teddy, Aslan, home. This is because Harry reads really regularly at home, and his reading diary is signed on each occasion. Here is a photo of Harry at home, loving his visit from Aslan; and some encouraging words from Harry's

mum Amy about our new reading incentive for the children in Reception, Year One and Year Two.

> Harry has had such a wonderful weekend with Aslan. It has really encouraged his reading and he has literally wanted to take him everywhere with us even bedtime.



We encourage every child to read

unicet 🥴

at home <u>at least 4 times a week</u>, and have introduced this new incentive to help encourage your child. **Please remember to sign** your child's diary <u>every time they read and as often as you</u> <u>possibly can</u> so that they can be nominated by their teacher to take their class bear home. Reading daily makes such a huge



difference to your child's confidence, ability to read and comprehension skills.

Happy reading, everyone! Miss Challand

UN Convention on the Rights of the Child

Article 29: Goals of Education

# Running to support Mental Health

On Wednesday, our super Mental Health Champions ran with Miss Challand to cheer her along as she was completing her *'Run 60 Miles in September 2021 for Cancer Research UK'*. The children were so excited, and showed amazing support of one another; stopping and running back to the younger children who needed little rest breaks. It was a lovely challenge, and easy to see why the Mental Health Champions were nominated by their class mates at the beginning of this term!







Being active and keeping your body healthy is such a great way to support mental health. Experts say physical activity allows children to have a better outlook on life by building confidence, managing

anxiety and depression, and increasing self-esteem and cognitive skills. Why not try one of the tips on the next page next week!



and Culture



## **Reception Cheerleaders**





Children in Reception have been brushing up their cheerleading skills. They were put through their paces with a pair of pompoms and impressed us all with their moves! MHST tips for wellness **Being Active** 

RISE

This week's theme is Being Active.

Keeping our body healthy is really important for making sure our mind is healthy too. Being active and getting exercise is a huge part of that! Being active doesn't have to be boring or a chore. Try out fun things like dancing, hula-hooping or skipping if sports aren't really your thing!

Try one, or both, of the below activities throughout this week.

 Challenge yourself! List at least 7 different ways you can exercise, and make sure you try one of these everyday.

 Get outdoors. Try and spend at least half an hour a day playing games with family or friends outside. Or get some fresh air and go for a walk.

The Mental Health in Schools Team provides support to students and schools. We are available during term time and school holidays. Please contact your school's Mental Health Lead, or your Education Mental Health Practitioner for information and advice.

> Useful dates for September: 28th-1st Bike to School Week 29th Thank You #HiddenHeroesDay

# World Mental Health Day YOUNGMINDS #HelloYellow

On Friday 8th October we'll be taking part in "Hello Yellow" to help raise vital funds to support the work of mental health charity, Young Minds.

We're inviting pupils to come to school wearing something yellow to show their support and are asking for a small donation towards the work of the charity. So, dig out your neon socks, custard scarf and banana hat - let's show young people they're not alone with their mental health!

Donate in cash or by choosing a payment amount on Parentpay.

We all struggle with how we're feeling sometimes and it's normal to have ups and downs. This year might have felt a little more down than up. But it's the little things that have got us through it - the morning walks, singing in the shower, the perfect cuppa, the best friend who makes you laugh out

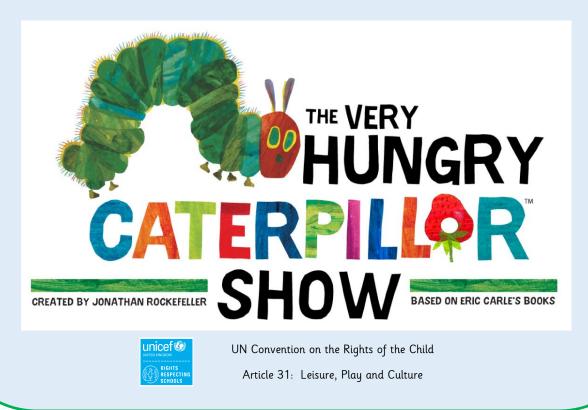


### YR and Y1 Theatre Trip



Dive into Eric Carle's bright and colourful world as his beloved stories are transformed from page to stage, using a menagerie of 75 lovable puppets and charming music. Featuring your favourite titles: **Brown Bear, Brown Bear, 10** Little Rubber Ducks, Dream Snow and of course, the star of the show, The Very Hungry Caterpillar which celebrated its 50th Birthday in 2019.

Reception and Year One will be visiting Warwick Arts Centre to watch a performance of "The Very Hungry Caterpillar Show" on Thursday 16th December. Children will travel by coach and should be back in time for their lunch at the usual time. The cost of the trip is  $\pounds$ 12.95. Please visit Parent Pay to make your contribution—an option is available to pay in three instalments.



### Y5 and Y6 Theatre Trip



#### "Magic is always impossible. That's what makes it magic."

A magician conjures an elephant from the sky, setting off a chain of events so remarkable, so impossible, that it changes life in the quiet and lonely town of Baltese forever. A boy called Peter is catapulted into the quest of his life, overturning everything he ever thought he knew, and discovering that happiness can come from the most unexpected places.

Year Five and Year Six will be visiting The Royal Shakespeare Theatre to watch a performance of "The Magician's Elephant" on Tuesday 14th December. Pupils will go home at the end of the school day for their dinner and then return to school at 5.45pm for departure by coach to Stratford-upon-Avon. The show will finish late (approximately 10pm) so children will be allowed to come into school a little later the following day (details to follow nearer the time.) The cost of this visit is £16.50. Please visit Parent Pay to make your contribution—an option is available to pay in three instalments.



UN Convention on the Rights of the Child Article 31: Leisure, Play and Culture

#### Parent/Carer Conferencing

There will be an opportunity for you to meet with your child's class teacher via Microsoft Teams on Tuesday 19th, Wednesday 20th or Thursday 21st October (3.30—6.00pm.) At the meeting you will find out how your child has settled into their new class and there will be the chance to ask questions and share information.

Appointments can be booked via ParentPay from Monday 4th October (booking will close on Monday 11th October.) Microsoft Teams can be downloaded free of charge and runs on all devices.

A letter will be sent to you shortly giving more information including how to book your appointment and access a link to your meeting. We very much look forward to sharing your child's progress with you!

#### Change to Pick-Up Time

After thoroughly reviewing our risk assessment, we havemade the decision to **revert back to a pick-up time for all children of 3.20-pm, starting week beginning Monday 11th October.** This means that the end of the day will be less disrupted for pupils and every child will receive their full entitlement of teaching hours.

This decision has been made following careful monitoring of the number of live, positive Covid cases in school which, at all times, has been a very small proportion of the total number of children on roll. We will, of course, continue to review the situation and act accordingly should the number of cases rise.

We will carry on implementing the other measures detailed on our risk assessment, including the use of a one-way system. Please note that drop-off arrangements in the morning remain the same (classroom doors open between 8.40am - 8.55am.)

Please continue to make use of the current pick-up arrangements for the rest of next week. As school is closed on Monday 11th October for staff training, the new collection time will come into force on Tuesday 12th.

#### <u>Parking</u>

Unfortunately, we've received another complaint about illegal parking from a local resident. Please do not block driveways, mount the kerb or park in front of the bollards by the school entrance. Please also park and then move swiftly off to ease congestion. Everybody has a responsibility to ensure Calder Walk is safe for road users and pedestrians so please drive and park within the law. Thank you.

### Diary Dates

Wednesday 6th October	Y1 CD Reading River, 9.15 0 9.45am.
Thursday 7th October	National Poetry Day
Friday 8th October	World Mental Health Day—wear something yellow in support of "Young Minds." All donations to the charity gratefully received
Monday 11th October	School closed for in-service (teacher) training.
Monday 18th October	Y3 trip to Cadbury World.
Wednesday 13th October	School photographs—individual portraits.
Tuesday 19/Wednesday 20/ Thursday 21 October 2021	Parent/Carer conferencing via Microsoft Teams—information about how to book you appointment coming soon!
Wednesday 20th October	Y1 EL Reading River, 9.15—9.45am.
Friday 22nd October	MUFTI (non uniform) Day—bring 50p to wear your own choice of clothes to school. All donations to School Fund.

#### Monday 25th October—Friday 29th October school closed for half-term holiday.

#### School re-opens on School re-opens on Monday 1st November

Tuesday 2nd November	Y5 visit to The Space Centre.
Tuesday 19th October	YR and Y3 Diwali workshop.
Friday 26th November	MUFTI (non uniform) Day—bring 50p to wear your own choice of clothes to school. All donations to School Fund.
Tuesday 30th November	Nasal flu immunisations—provisional date.
Wednesday 1st/2nd December	Y5 and Y6 silent disco—more information coming soon!
Wednesday 1st December	Infant Nativity, 9.30—10.00am.
Wednesday 8th December	Y1/2 carol concert, 9.30—10.00am.
Tuesday 14th December	Y5/6 theatre trip—"The Magician's Elephant", Royal Shakespeare Theatre.
Thursday 9th December	Y3/4 carol concert, 9.30—10.00am.
Friday 10th December	Y5/6 carol concert, 9.30—10.00am.
Monday 13th December	Christmas dinner.
Thursday 16th December	YR/Y1 theatre trip—"The Very Hungry Caterpillar", Warwick Arts' Centre.
Friday 17th December	MUFTI Day—bring 50p to wear a festive outfit.

Monday 20th December—Friday 31st December School Closed for Christmas holiday

Monday 3rd January 2022 school closed for bank holiday

Tuesday 4th January 2022 school closed for in-service (teacher) training. School re-opens on Wednesday 5th January 2022

### Sydenham Superstars





Best wishes from Miss Glenny (Associate Headteacher)