

Hula Hoop Fun



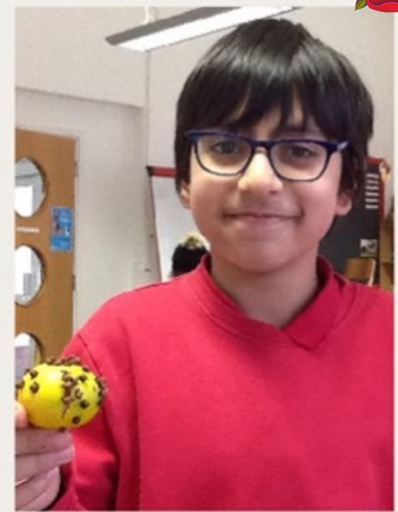
We hope the hula hoops provided by school have helped children to burn off some excess energy. We're hearing that some parents and carers have also squeezed themselves into their child's hoop and given it a twirl! If you have a hula hoop star in your family, we'd love to see photographs of them in action—please email them to your class teacher. If you haven't already collected your free hoop, please call in at the office.



UN Convention on the Rights of the Child
Article 24: Health



Tudor Pomanders



Year Five have been making pomanders as part of their topic, "Off With Her Head." Pomanders were carried during Tudor times to disguise unpleasant odours and to ward off disease which people believed was carried by foul air. They were often made from oranges studded with cloves and carried in a container which could be attached to belts, girdles, clothing and jewellery. Pomanders were a popular accessory for the rich—poorer people could not afford citrus fruit and spices which were imported from exotic lands overseas.

Happy Birthday to You!



Lockdown hasn't stopped us celebrating birthdays with our friends. On Tuesday, Viram made a beautiful birthday cake/card for Uzay! Children in school sent him an email to say "happy birthday" and he sent back a lovely picture of his chocolate cake and a video of himself blowing out his candles! Mrs Scholes also sang "Happy Birthday" to Uzay as part of her online lesson and everybody joined in to give five great big birthday claps.

Love From Your Friends at School

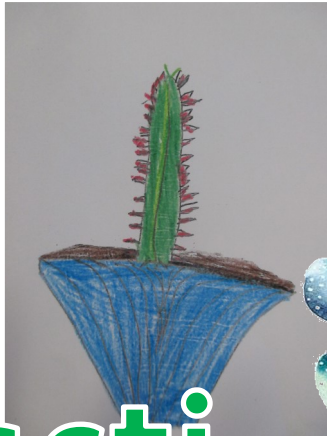
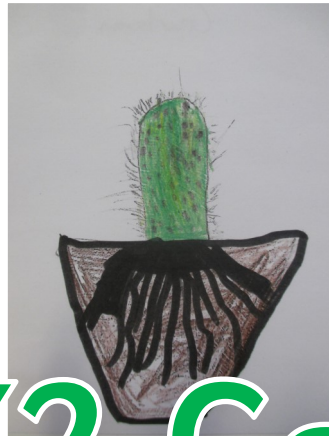
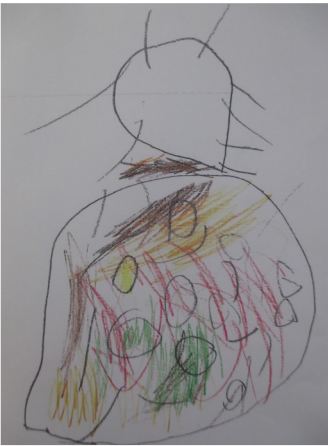
Y2 Green Fingers



Year Two have been learning about plants and how they grow. The children have been putting their green fingers to good work by growing bulbs and seeds and have been fascinated to learn about cacti—you can see some of their fantastic observational drawings on the next page.



Oh cacti oh cacti your prickly prickly hair so
spiky to scare to scare your bear.



Y2 Cacti



New Play Equipment

Children in school have enjoyed some new playground toys this week. Each year group has different items including limbo, Ultimate Frisbee, giant Twister, balance boards, space hoppers, skittles, giant Ludo, sticky darts, hoopla, tin can alley, dancing ribbons and rugby tags.

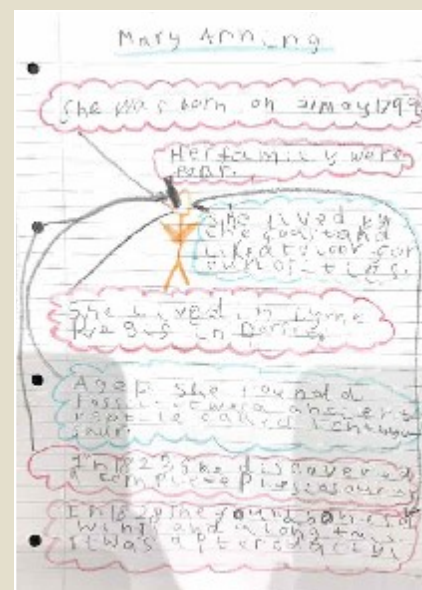
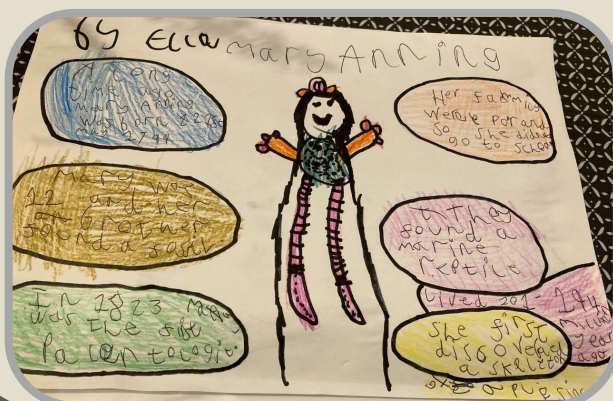
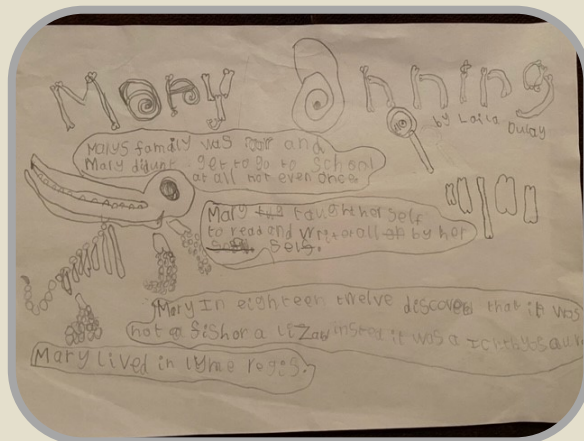
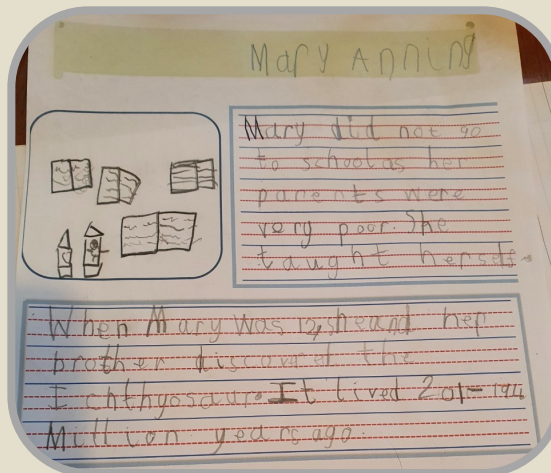
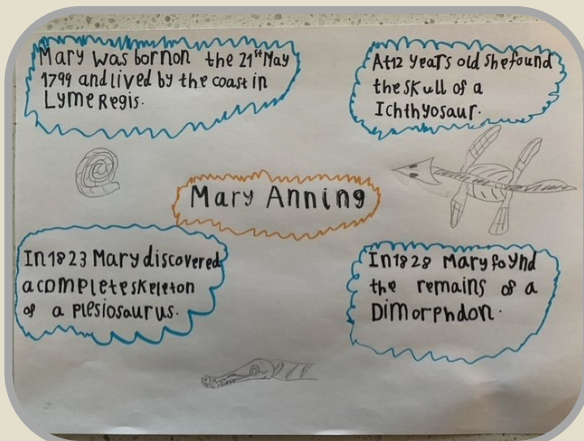
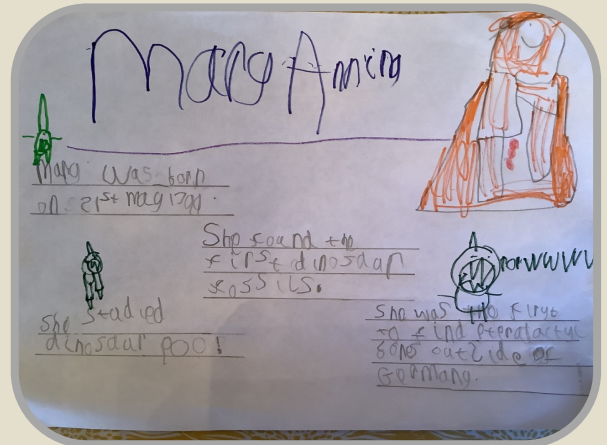
If you're learning at home, don't worry. We have a second set of toys ready and waiting for you when you return to school.



Y1 Fossil Hunters



Year One are working so hard at home and school. Look at their lovely re-search on the palaeontologist, Mary Anning.



Useful Information

Free School Meals Vouchers

Further to Mrs Westwood's letter, we have processed e-vouchers for those families who are registered for free school meals and are not in school. You will receive an email week commencing 25 January 2021 which contains a 16 digit e-code and a link to the redemption website (www.freeschoolmeals.co.uk). This email will contain instructions as to how to download and redeem your e-code . Please note it can take up to 4 days after 25 January 2021 to receive your email and e-code .

You will receive one voucher per family for weeks commencing 25th January, 1st February and 8th February 2021. You can choose a voucher from the following supermarket: Sainsburys, Tesco, M&S Food, Asda, Waitrose, Morrisons, Aldi, McColls, Company Shop Group or Iceland.

We have received notification that M&S Food are offering £20 worth of food for your £15 voucher if you choose them.

Please note that your e-code will expire after one month .

Should have any queries regarding your e code or voucher please contact Sarah Beck at beck.s@welearn365.com

Remote Learning

We hope that our families learning remotely are coping with the demands of home education. We understand how challenging the current situation is for children and their parents/carers, particularly where there is more than one child at home; where parents are trying to work from home; and where there are issues with availability of devices, such as laptops.

When putting our remote learning offer together, we have tried to take into account the feedback we've had over the last 10 months from our families. As you might expect, there are many differing views about what suits parents and children best, depending on their individual circumstances. Some families are keen for a full timetable of live lessons; many are expressing a preference for pre-recorded lessons; some want only paper packs and do not want their children to spend all day on a screen; and some are feeling completely overwhelmed and want to focus purely on their children's wellbeing.

With this in mind, we've taken a blended approach to our offer. Although we have a legal duty to provide, on average, three hours a day of remote education for pupils in Key Stage 1 and four hours for pupils in Key Stage 2, we realise that this will be overwhelming or impractical for some families. If this is the case, just do whatever you are able.

Thank you, once again, for all your efforts. We appreciate the support you're giving and are happy to assist in any way so please do get in touch if you have any problems, questions or feedback.

In partnership with



Are you a Coventry/Warwickshire based parent/carer of an autistic child or teenager?

Do you want to understand their autism and help them understand their autism?

We are offering a series of facilitator led workshops

CASP: Children's Autism Support Programme for parents/carers of children aged 4-12

TASP: Teenage Autism Support Programme for parents/carers of children aged 13-18

The workshops are fully-funded and comprise of 4 x 3-hour sessions over a 4-week period facilitated by autism professionals who are also parents.

You will be joined by up to 15 other parents for an informative and empowering workshop.

Objectives:

- To enable parents/carers to understand their child's lived experience – the joys and the challenges
- To facilitate a 'conscious connection' between parent/carer and their child via the **3 C pathway**, a relational approach to parenting
- To identify adjustments/changes to help their child feel secure and be understood

The four weeks will follow a broad framework:

1. Autism, a brief history and context. Your child and their autism
2. The sensory world – experience it and consider how it impacts on your child
3. Communication – making connections and building a secure base
4. Transitions, advocacy, planning next steps and problem solving

Each week aims to be person-focused and attendees will be encouraged to share and comment.

Open to families based across Coventry and Warwickshire.

Please contact Julie Hampton for details and booking forms
Courses run throughout 2021. All sessions will take place virtually on Zoom until further notice.
julie@actforautism.co.uk

SCIENCE FUN AT HOME



Have some fun at home with these science activities from Science Sparks and the Primary Science Teaching Trust



BEFORE YOU START! Please read through this with an adult:

- * Make sure you have read the 'IMPORTANT NOTICE' on the back of this page.
- * If you have a space outside that you can use safely, then you can do the 'Try this outdoors' activity outside. Don't worry if not as you could still do it indoors.
- * Talk to your adult about sharing the science you have done and if they want to share on social media, please tag @ScienceSparks and @pstt_whyhow and use #ScienceFromHome

SCIENCE FUN FOR NATIONAL PUZZLE DAY

1 TRY THIS INDOORS ... Confused Fish

Amaze and puzzle your family and friends with this optical illusion! Draw two fish on a piece of paper and prop it up behind an empty drinking glass so that you can see the fish through the glass. Then slowly fill the glass up with water while you watch the fish – what do you see happening?

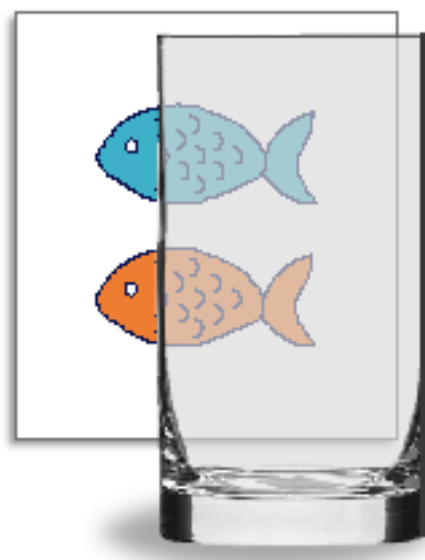
WHAT DO YOU NOTICE?

Things to talk about ...

What changes about how you see the arrows when you pour water into the container? What happens if you turn the fish so they are pointing upwards? What happens if you use a different glass, or move it nearer to or further from the fish? What happens to writing? Instead of using fish, can you write a word that looks the same when the glass is empty and when you pour water into it? What do you know about how we see objects?

You will need

- * Drinking glass or another see-through container
- * Jug of water
- * Paper and pens



2

TRY THIS OUTDOORS ... Guess the Superhero Shadow

You need a sunny day and someone else in your household for this. Go outside and find a space where you can see your shadow on the ground; early morning and later afternoon might be best for this. Can you make your body into a shape so that your shadow looks like a superhero? Can the other person guess who you are?

WHAT DO YOU NOTICE?

Things to talk about ...

What is a shadow? How can we tell what object is making the shadow? Why not try making shadows of other shapes, like animals? How can you make a really big shadow, or a really small one?



You could use a sheet or a towel to make a shadow like a cloak and your hands to look like bat ears. The tricky bit is working out how to hide your arms so they don't appear in the outline of the shadow!

3

WHAT IS THE SCIENCE?

We see an object because light travels through air from the object to our eye. When the light passes through another material it gets bent; this is called **refraction**. When light passes through the empty glass, it is bent a small amount and the appearance of the fish hardly changes, but when the light also passes through water it is bent so much that the light rays cross over before they reach our eyes. This is why it makes it look as though the fish are swimming in the other direction.

Shadows are formed when objects block light coming from a light source.

You cannot see details such as facial features within shadows, only the outline of the object that is blocking the light.

4

MORE ACTIVITIES YOU COULD TRY

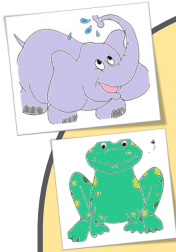
MAKE A TELESCOPE AND LEARN MORE ABOUT LIGHT

<https://wowscience.co.uk/resource/make-a-telescope/>

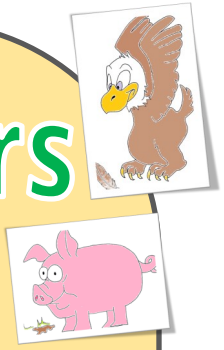
HAVE FUN WITH SOME SHADOW PUPPETS <https://www.science-sparks.com/fun-with-shadows/>

FIND OUT MORE IN EPISODE 4 'REVERSING ARROW' IN THE 'DO TRY THIS AT HOME'

VIDEOS FROM THE INSTITUTE OF PHYSICS <https://www.iop.org/explore-physics/at-home>



Sydenham Superstars



YR LS

This week, the YR LS superstar is **Bethany**. Bethany has worked so hard from home, supported by her mummy. She has made a real effort to join online lessons and complete the work in her paper pack. Well done, Bethany—what a star!



YR HC

Reagan is the YR HC superstar this week for completing his challenge of writing a book about the Gingerbread Man. He persevered even when he found it tricky. He remembered to have a go and never give up just like our Learning Characters

Y1 EL

This week Mrs Lee has chosen **Tia** to be her superstar. Tia has been working really hard on her maths all week and has shown a strong understanding of how to answer subtraction number sentences and how to find a missing a number in subtraction number sentences. Tia has also been able to explain how she has worked out the answer and is developing her reasoning skills. It has been wonderful to see Tia's confidence grow in this area of Maths. Keep up the amazing work Tia!

Y1 CD

Miss Daly's superstar this week is **Luca**. Luca has had a fantastic week with his remote learning and has shown a real dedication to his live sessions. He has attended every session with enthusiasm and willingness, impressing Miss Daly away with his growing concentration. Miss Daly knows how much you are missing school, Luca, and she is missing you dearly too. She is enjoying looking at all your work at the end of the day and seeing the progress you are making. Keep up the great work!

Y2 CP

Miss Peters would like to choose **Chloe** as her Sydenham Superstar for her fantastic creativity when writing about carnivorous plants. She has been continuing to use all of her learning characters at home and is a ray of sunshine in our Live Lessons.

Y2 RK

The Y2 RK superstar is **Cris** for getting lost in drawing! Cris was completely absorbed whilst sketching his cactus in class and produced an incredibly well observed drawing. Well done for being like the eagle Learning Character and concentrating so well.

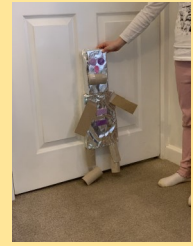
Y3 JL

Charlie is this week's superstar. Charlie has brightened the classroom with his lovely smile, kindness and happy personality. He has worked hard and never given up with tasks, just like our pig Learning Character. Keep it up, Charlie.

Sydenham Superstars

Y3 CR

Mrs Christensen and Mrs Rastall have chosen **Arlandria** for superstar this week. She has been working really hard at home and impressed everyone with her amazing Iron Man model.



Y4 AH

Romeo is this week's superstar. He has been working incredibly hard this week across all areas of his remote learning. He has produced some really lovely writing in English, including a great poster about subordinating conjunctions. In addition, he has been getting really active with practicing his table tennis skills with his mum and brother. Well done Romeo!

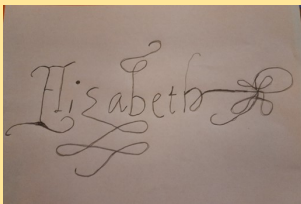
Y4 SM

Mrs Madahar would like to nominate **Destiny** as the 4SM class superstar this week. Since the first week, Destiny has continued to impress Mrs Madahar with all her wonderful work, which is always presented neatly and to the best of her ability. It has been lovely to receive Destiny's bubbly emails which reflect her joy for learning. Keep up the brilliant work Destiny

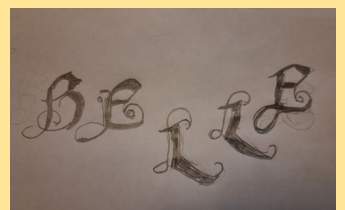
Y5 CB

Fiorella is Y5 CB superstar this week for persevering with her long multiplication skills. Fiorella found the method tricky at the start of the week but, once she understood, she went back and did all the learning again so that she had the right answers. Fiorella has also been very willing and confident to answer questions over teams - she's always keen to get stuck in!

Y5 JE



Our Y5 JE superstar is **Belle** who has produced some lovely work as part of her topic on The Tudors. Belle researched how Queen Elizabeth I signed her name and then created her own signature in a Tudor style.



Y6 KG

Blake is the Y6 KG superstar this week. Blake has been working very well in maths practicing long multiplication and has had some great ideas when we were reasoning about shapes. Well done!

Y6 JvS

The Y6 JvS superstar is **Sarvesh**. Sarvesh has been so keen in his online lessons, answering questions, explaining how he worked them out and consistently with returning examples of his learning! Sarvesh is working so hard and is very diligent—well done!

Have a super weekend of fun and relaxation.

Best wishes from Miss Glenny (Associate Headteacher)