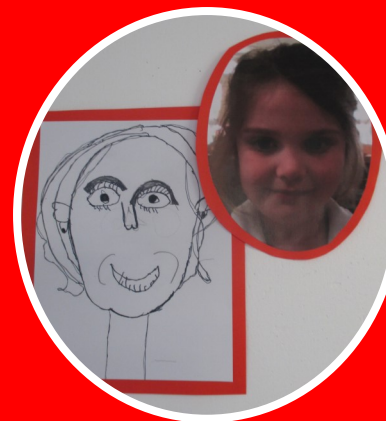


What a Picture!



Reception have completed their wonderful self portraits and we think they look fantastic! The children used a fine tipped, black pen to go over their pencil lines and add the finishing details. We are very impressed that everyone has captured such a good likeness. Well done, children!



UN Convention on the Rights of the Child

Article 29: Goals of Education

Keeping Healthy

Children in our key worker bubbles have continued to enjoy PE lessons delivered by the fantastic Onside Coaching. We would like to say a big thank you to Onside, especially Miss Whitehead and Miss Haverty who have worked tirelessly to keep pupils on the move!



Thank You Onside!

Enchanted Woodland

Miss Peters' bubble have had great fun working on their Enchanted Woodland topic. Pupils created images using natural objects, created dens and homes for woodland creatures and created woodland crowns. Pupils also read a range of traditional tales set in woodland settings (Hansel and Gretel, Little Red Riding Hood, Goldilocks and the Three Bears) and learnt/text mapped Little Red Riding Hood. What a busy week!





Fun in the Sun

As the temperature rose this week, many children took their learning outside. If you were learning from home, we hope you managed to find some shade to beat the heat.



UN Convention on the Rights of the Child
Article 29: Goals of Education

Habitats

Children in Year Two enjoyed learning about different habitats in their live lesson this week. They then had a follow up task to create a mini beast or animal and its natural home. Jeevath extended her learning by visiting Ryton Pools to experience a range of habitats at first hand.





Congratulations



Cast your mind back to before lock-down. You might remember that school collected donations for the local food bank. This was Tayyaba's brilliant idea.



In recognition of her hard work and thoughtfulness, Tayyaba has received her first Blue Peter badge.



Y2 made woodland habitat boxes from natural materials. They make very cosy homes, indeed.



Arni read the picture book "Varmints" and was inspired to create this wonderful picture of one of the characters.

Miss Glenny overheard Stanley reading to Mrs King and was very impressed. Stanley read with fluency and expression—what a joy to hear.



Virtual Sport's Week

Mr Lee is very busy at the moment organising our first ever virtual sport's day.

Today, you should receive a pack of sporting challenges which can all be carried out at home throughout the week beginning Monday 29th June. We will also send you a link to Mr Lee's demonstration videos on Youtube. Once you have completed each activity, please use the link below (to a Google Form) to tell us your class, house (Victoria, Brook, Newbold or Jephson) and scores. This will enable us to calculate who the winning house is! If you're unsure which house your child is in, don't panic because the office will be emailing a reminder to you.

Further information can be found below and on the next page.

https://docs.google.com/forms/d/e/1FAIpQLSdW9e74Y4Ax1zAsiouV9nrMvjfwLYa9cvbBkyce_vJQa8ZHA/viewform



UN Convention on the Rights of the Child

Article 31: Leisure, Play and Culture

Sydenham Virtual Sports Week starts Monday 29th June



Monday 29th
June

**Clap and
Catch**

Tuesday 30th
June

Speedbounce

Wednesday
1st July

**Around the
World**

Thursday 2nd
July

Star Jumps

Friday 3rd
July

Fast Feet

Breakfast and Butterflies Clubs

As you are aware schools nationally are not able to currently provide wrap around care in the form of before and after school clubs due to the current pandemic .

We are very much hoping that government guidelines will allow this service to be available to families again in September . With this in mind, we have written to parents and carers this week who were using our breakfast and butterflies services last term asking them to return a contract if they need care in September .

If you are a parent or carer who has not used these services previously but will require them in September please email admin2622@welearn365.com to request a contract.

Please note we cannot guarantee these services will be available in September and will communicate further regarding wrap around care as and when more information is available.

Public Health: Help to protect against serious vaccine-preventable diseases

During Covid-19 local GPs have reported a drop in the uptake of pregnancy, infant and pre-school booster vaccinations in Warwickshire.

Attending routine vaccination appointments is important, as it helps to stop an outbreak of serious vaccine-preventable diseases such as Measles, Meningitis and whooping cough.

If you are pregnant or have young children, it's important that you continue to attend your scheduled vaccination appointments on time. If you cancelled these appointments during lockdown, please rebook now.

Your GP surgery will have all the necessary precautions in place to keep you and your child safe from COVID-19. If you have any questions about the steps they have put in place, why not talk to the receptionist to help ease your concerns.

Attending your routine vaccination appointments not only protects you and your children from very serious illnesses, but also protects more vulnerable people who would be at very great risk if they were to contract these diseases.

If you're unsure about the schedule and when vaccinations are due, check your child's Red Book or visit: <https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>

For more information call your GP or text:

Warwickshire health visitors on CHAT **Health: 07520 615293** anytime (responses Monday to Friday 9am to 5pm).

Warwickshire school nursing on **03300 245 204** or text Parentline on **07520 619 376**.



We are here to help!



We can still be contacted if you would like to speak to someone in person. Please **direct message** us if you need support or advice and we will call you back.

Alternatively email:

Monday and Tuesday: diana.sanchez@barnardos.org.uk or

Wednesday to Friday: Jacqui.waldron@barnardos.org.uk

We are here to support you!



WCC Family Support Team



The Family Support duty helpline operates, Monday to Friday from 9.00am to 4.00 pm on **01926 412412**. In addition to telephone support, the team can offer support through video calls, email and text messaging. Support is available regarding all aspects of parenting and family life.

Warning - Scam

The Local Authority has shared the following information with us:

Please be aware of bogus texts informing members of the public that a "COVID Home Testing Team" will visit their homes .

The text specifies a date and time for the visit and that the "team" will telephone the recipient upon arrival. The text becomes suspicious where it states that the team "will enter your property and we will remain inside the front door to put on our protective clothing. You must wait in a separate room before we come to you." This is simply an attempt by thieves to gain access to people's homes under the cover of coronavirus measures. Residents are urged to ignore such texts and keep their doors closed and locked if they receive a visit .

NHS Test and Trace will never ask you for financial details, PINs or passwords. They will also never visit your home.

More information: <https://www.tradingstandards.uk/news-policy/news-room/2020/fake-covid-19-home-testing-appointment-texts-targets-public>

Class teachers for 2020/21

You should have received an email attachment this week explaining who your child's teacher will be next year. For those of you who haven't yet seen it, here is a summary of the information:

Current Class	Teacher/s for the Academic Year 2020/21	New Class Name
	Mrs Leesa Scholes	YR LS
	Mrs Arandeep Harrad (Monday/Tuesday/Wednesday) and Mrs Lisa Cox (Thursday/Friday)	YR HC
YR LS	Miss Chantelle Daly	Y1 CD
YR RK	Mrs Emily Lee	Y1 EL
Y1 EL	Miss Rosina Knight	Y2 RK
Y1CD	Miss Charlotte Peters	Y2 CP
Y2 CP	Mr Jon Lee	Y3 JL
Y2 AP	Mrs Kim Christensen (Monday/Tuesday/Wednesday) and Mrs Laura Rastall (Thursday/Friday)	Y3 CR
Y3 JL	Mrs Sharon Madahar	Y4 SM
Y3 JML	Mr Alex Hawes	Y4 AH
Y4 AH	Miss Charlotte Ball	Y5 CB
Y4 SM	Miss Jordan Ellershaw	Y5 JE
Y5 CB	Mrs Jane Van der Sterren	Y6 JvS
Y5 RA	Miss Kate Gillespie	Y6 KG

We are very sad to be saying goodbye to some much loved members of staff:

- Miss Parsons is taking up an international teaching post in Dubai.
- Miss Arundel is relocating to London to be closer to family and continue her career at a large (seven form entry!) primary school.
- Mrs Lloyd is expecting her first baby and commences her maternity leave in September 2020.

We wish everybody lots of luck with their new adventures and hope they stay in touch.

We are thrilled to be welcoming back **Mrs Lisa Cox** (née Clifton) who returns after a period working as Associate Headteacher at Lighthorne Heath Primary School followed by the birth of her first child and subsequent maternity leave. We are very happy that **Mrs Laura Rastall** is also joining us. Mrs Rastall taught in Year 6 last year, helping pupils to prepare for their SAT's and is well known to many children. **Miss Jordan Ellershaw** completes our teaching team.

Miss Ellershaw is very excited to be teaching at Sydenham and can't wait to meet her Year 5 class.

All children will have the opportunity to spend the day with their new teacher on either Thursday 16th or Friday 17th July. We will provide more information about these transition days soon.

Virtual Sports Week



Welcome to 2019/20 Sydenham Primary School Sport's Day!

This year's Sports Day is going to be a little bit different and we are going to do a virtual Sports Week!

Keep an eye out for Mr Lee's demonstration videos on youtube and an email. Which house and class will be the winner?

Day	Activity	Equipment	How to score
Monday	Clap and Catch	Ball, balloon or pair of socks	Your number of claps in 60 seconds. 40 catch and clap = 40 points
Tuesday	Speedbounce	Something small to jump over, a pillow, towel, jumper, broom	Your number of bounces in 60 seconds. 40 bounces = 40 points
Wednesday	Around the World	Something small you can grab! E.g Teddy bear, ball, tea towel, pair of socks	60 seconds to pass their object around their body as many times as possible. 64 times = 64points
Thursday	Star Jumps	None	Your number of jumps in 60 seconds. 40 jumps = 40 points
Friday	Fast Feet	Ball and two markers	How many times you can dribble a football round a marker and back in 60 seconds.



Virtual Sports Week



**Monday 29th
June**

**Clap and
Catch**

60 Second Challenge
Catch and Clap

The Physical Challenge

How many times can you throw a ball up, clap once and catch it in 60 seconds?

The ball must go above your head. If you drop the ball, carry on counting your score from where you left off.



Which skills do you think will be key to succeed?

**Wednesday
1st July**

**Around the
World**

60 Second Challenge
Around the World

The Physical Challenge

How many times can you pass the ball around your waist in 60 seconds?

If you drop the ball you need to pick it up quickly and carry on.



Do you believe in yourself and keep trying if you drop the ball?

**Friday 3rd
July**

Fast Feet

60 Second Challenge
Fast Feet

The Physical Challenge

How many times can you dribble a ball around a marker and back in 60 seconds?

Place down a starting marker and then a second marker 5 steps away. Each time you dribble the ball around the marker and back you score 1 point.



Can you keep going even if you lose control of the ball?

**Tuesday 30th
June**

Speedbounce

60 Second Challenge
Speed Bounce

The Physical Challenge

How many times can you bounce over a pillow in 60 seconds?

Both feet must land over the pillow for the jump to count.



#StayHomeStayActive

Are you honest? Only count the jumps that are completed properly.

**Thursday 2nd
July**

Star Jumps

60 Second Challenge
Star Jumps

The Physical Challenge

How many star jumps can you complete in 60 seconds?

Make sure you clap your hands above your head and bring your feet together.



Can you maintain your technique even when you are tired?

#StayHomeStayActive



A health and wellbeing update from your school nurse team

The Warwickshire School Health & Wellbeing Service is still here to provide support - even if this may be given in a different way to usual! Here's our latest newsletter with useful links, wellbeing advice, and details of how you can get help when you need it.

It's Wellbeing Wake-Up time! Get involved with the latest activities to promote wellbeing as a family: cutt.ly/wellbeing-wakeup-5

Top tips for a healthy lifestyle during the coronavirus outbreak

- ★ If you're spending more time at home, take the opportunity to find new tasty, healthy recipes to cook together as a family. Change4life have a wide selection: nhs.uk/change4life/recipes.
- ★ Make a healthy picnic (e.g. a sandwich, wrap or pitta, plain yogurt and a piece of fruit) and enjoy in the garden or somewhere outdoors. Here's some packed lunch inspiration from BBC GoodFood: bbcgoodfood.com/recipes/collection/lunchbox.
- ★ With the weather getting warmer, it's important to stay hydrated. Aim for 8 glasses of water every day.
- ★ Watch the snacking. Snacking can be great to keep us going throughout the day, but be mindful of your choices. Some healthy snack options include:
 - ◊ Hummus and vegetable sticks.
 - ◊ Fruit and a small portion of nuts.
 - ◊ Plain yogurt and fruit.
 - ◊ Oatcakes and cottage cheese.
 - ◊ Boiled egg and rice cakes.
- ★ Try and get outdoors for some daily exercise. This could be a bike ride, a walk, or taking a ball to the park and playing games. Make sure you schedule some type of exercise into your day you like you would an appointment.
- ★ Fast food restaurants are starting to open up again, but why not try and make your own takeaway at home? Jamie Oliver has some great 'fake-away' recipes: jamieoliver.com/family/fakeaways.
- ★ Grow your own. Have a go at growing your own fruit and veg; perhaps grow something you have never tried before. Children can learn where their food comes from and watch their seeds grow. June is a great month for growing:

- | | | |
|-------------------------|----------------|-----------------------|
| ◊ French & runner beans | ◊ Swedes | ◊ Courgette & marrows |
| ◊ Maincrop peas | ◊ Cauliflowers | |
| ◊ Beetroot | ◊ Chikory | |
| ◊ Carrots | ◊ Sweetcorn | |
| ◊ Turnips | ◊ Squash | |





Useful links



Returning to school after lockdown

Back to School Coronavirus Story:

cutt.ly/back-to-school-story

Gov guidance for parents/carers:

cutt.ly/gov-guidance

Animation for children 'While we can't hug':

cutt.ly/while-we-cant-hug-video

Advice for parents/carers on supporting your child as they return: cutt.ly/supporting-school-return



Activities to do at home

Make a miniature book:

cutt.ly/make-miniature-book

Summer fun from Lidl:

lidl.co.uk/summer/fun

Kids' stories and poems with Michael Rosen:

cutt.ly/michael-rosen



Emotional and mental health resources

Childline coronavirus support & info:

cutt.ly/childline-coronavirus

Resources for professionals, parents/carers and young people: camhs-resources.co.uk

Every Mind Matters: Coronavirus & wellbeing

nhs.uk/oneyou/every-mind-matters

Young Minds Coronavirus support:

cutt.ly/young-minds-coronavirus

RISE resources: cwrise.com

List of mental health resources:

cutt.ly/list-mh-resources



COVID-19 family guidance

Compass info & resources for parents/carers:

cutt.ly/coronavirus-parents-carers

Resources for people with autism and families:

cutt.ly/autism-resources

Autism Little Learners COVID-19 resources:

cutt.ly/autism-little-learners

Information for Warwickshire families:

warwickshire.gov.uk/fis

Support accessing food:

cutt.ly/accessing-food-advice

Refuge Domestic Abuse Service Warwickshire:

Call 0800 408 1552

cutt.ly/refuge-warwicks



Home learning resources

Free spelling app: sirlinalot.org

Open Library: openlibrary.org

Home Learning Fun Facebook group:

cutt.ly/facebook-learning-fun

Info and education resources for CYP with SEND:

cutt.ly/SEND-education

For urgent support with mental health for children and young people, please call the 24/7 CW RISE supportline:

02476 641 799 between 8am and 8pm

0300 200 0011 outside these hours



Your school nurse team is here to help!

We know these times can be unsettling for children, young people and families. Our school nurse team is here to provide support with any concerns or questions about health and wellbeing: get in touch using the details below for free, confidential advice.

Parents/carers

Service mainline: 03300 245 204

Text Parentline: 07520 619 376

Children/young people aged

11–19 years

Text ChatHealth: 07507 331 525

Just a quick question that's been on my mind the past few days

No problem, we're here to help. What's on your mind?



www.compass-uk.org/services/warwickshire-school-health-wellbeing-service

Sydenham Superstars

YR LS

Mrs Scholes would like to nominate **Ella** as YR LS superstar. This week, in Busy Learning, Reception have been concentrating on working and playing together. Ella has been a brilliant partner and a super friend to lots of children in her bubble. She has been a great team player and shown patience and kindness. These are qualities we really value at Sydenham. Well done!



YR RK

Miss Knight's first superstar is **Scarlett S** who has been chosen because of her independence and maturity. Scarlett always gets straight on with her learning and has produced some fantastic writing including a wonderful list of animals. The second superstar is **Lance**. He is such a thoughtful boy and has impressed everybody this week with his wonderful counting on and back as well as his careful pronunciation of letter sounds in phonics lessons. Well done both of you!

Y1 EL

This week, Mrs Lee has chosen **Cris** to be her superstar. Cris has had an absolutely fantastic week in school and has worked hard in all areas of learning. He has used all of his Learning Characters and has persevered with his work, even if he has found it difficult. One area in which Cris has really impressed Mrs Lee this week has been maths. He has been focusing really well during the main teaching section and has used what he has learnt to help him answer questions in full sentences. He has also been using the sentence stem 'I know this because' to show how he worked out the answer. Keep up the wonderful work Cris!

Y1 CD

Miss Daly's superstar this week is **Joshua**. Joshua has had a fantastic week in the classroom. He has impressed Miss Daly with his wonderful letter to 'Mr Fox' telling him about all the interesting things he has learnt about the woodlands so far in his topic learning. He asked some thoughtful questions and successfully used question marks independently. Miss Daly was impressed by his enthusiasm and concentration throughout the writing task. She has also thoroughly enjoyed Joshua's "Show and Tells" this week, listening to Joshua's daily updates about how his new fish have settled into their new home. Well done Joshua! Keep up the great work, Miss Daly is very proud of you.

Here is your virtual sticker to print and wear with pride!



Y2 AP

This week, Miss Parsons would like to choose **Finley** to be superstar. Finley has worked hard in all areas of his learning since school closure. Finley has been a delight to have back in school. Despite missing his friends Finley comes into school with a smile on his face ready to learn. Finley used his concentration eagle Learning Character this week when he was drawing a butterfly. He really used a scientific eye and even made sure his butterfly was symmetrical. Finley is polite, hardworking and enthusiastic. Miss Parsons is very proud of Finley. Keep up the hard work!



Y2 CP

This week Miss Peters has chosen **Tayyaba** as the Y2 CP superstar. Tayyaba has been a delight to have back in school and has been working extremely hard with Miss Parsons. She created a fantastic Minibeast this week and continues to be helpful in the classroom.



Y3 JL

Mr Lee's superstar this week is **Scarlet**. Scarlet always approaches her online lessons with a huge smile and fantastic attitude. She listens carefully, makes everyone laugh and is becoming more confident sharing her ideas with the class. She is becoming more adept at explaining her thought process of how she worked out different maths questions. Keep smiling Scarlet and keep up your hard work and dedication to get better!

Y3 JML

Mrs Lloyd has chosen **Jamiah** this week for being a sports superstar! Jamiah has received some really exciting news that after lots of dedication to his training, he has successfully completed trials and has now signed to play for Birmingham City Football Club's academy. This is an amazing achievement and an excellent example of how maintaining a growth mindset can help you achieve your dreams! Congratulations Jamiah -we are all really proud of you!

Y4 AH

Swayam is this week's superstar. Y4 have been learning about states of matter over the last few weeks and, in particular, the water cycle. Mr Hawes is so impressed, as Swayam has created a video of his own Water Cycle experiment. He did a fantastic job of presenting and explaining the science behind the Water Cycle and how he had recreated it using his potion. Swayam has also been working tremendously hard over the recent weeks during our online maths lessons. Well done Swayam, fantastic work

Sydenham Superstars

Y4 SM

Mrs Madahar has nominated **Alfie** as her Superstar this week! Alfie has continued to work hard on all areas of his home learning and has shown an excellent attitude. Mrs Madahar has enjoyed receiving wonderful work and photographs of all his completed work. Keep up the great work Alfie!

Y5 CB

This week, Mr Hawes has asked Miss Ball if he can choose the Y5 CB superstar because he is so impressed with **Andrei**, who forms part of his key worker bubble. Andrei has really impressed everyone with his writing and the level of his effort during our Joe Wicks sessions. In addition, he has been working really hard on his maths work and produced a wonderful sketch of a tree from our forest schools area. Keep up the fantastic work!

Y5 RA

This week, Miss Arundel would like to choose **Zara** as superstar. Miss Arundel was really impressed by how enthusiastically Zara has engaged with our online video lessons this week. Zara has been really focussed and on the ball, answering all the questions and being really willing to have a go even when she wasn't sure. It's amazing that Zara is still using her growth mindset and being an independent learner even though she isn't in school. Zara is always a smiley and friendly face on the calls and has such a positive attitude. Well done Zara!

Y6 KG

Miss Gillespie has nominated **Demi** this week as superstar as she has worked so hard in her bubble group and been a wonderfully kind member of the class. She has given her all in her writing this week and always has a big smile. She has continued to work hard at home and has a super attitude to learning! Well done Demi!

Y6 JvS

Mrs Van der Sterren's star of the week is **Nadia**. Nadia is a delightful, friendly girl with lovely manners and a great sense of humour. She always uses the Learning Characters to help her with her work and, this week, began a fantastic portal story where a vain and spoilt character is grabbed by a hand in a mirror!

I Didn't Know I'd Miss...

This week's fabulous poem, by Amber in Y3 JML, is a bit of a tearjerker. We hope you've got the tissues handy!

Have a wonderful weekend and enjoy the possibility next week of a trip to the cinema, a day out at a museum or gallery, a drink in a pub beer garden—even a hair cut!

The very best of wishes from Miss Glenny and the Sydenham team.

