Convention on the Rights of the Child Article 29: Goals of Education.

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RIGHTS RESPECTI

Y4 have been re-telling the story of Arthur and the Golden Rope. The class used a story mountain to record key events and phrases and then retold the tale

Each time pupils retold the story, they built their confidence and started to make it a performance! This activity follows the oral retelling of stories being passed down through word of mouth as they would have been by the Vikings.

# It's Springtime!

As we welcome in March, we'd like to wish all our families a happy Mărțișor and Baba Marta Day.

#### Mărțișor

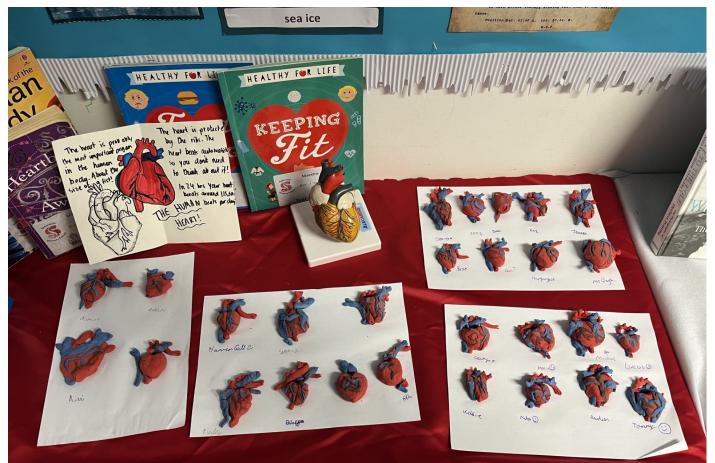
Mărțișor is an old tradition celebrated all over Romania every year, on March 1st. The name Mărțișor is a diminutive of March (*Martie* in Romanian).

Not long ago, in the countryside, people used to celebrate by hanging a red and white string on their the gate, windows, cattle horns and sheds to protect against evil spirits and to invoke nature's regenerative power. Nowadays, people give bracelets made of red and white string to one another to mark the onset of Spring.

#### Baba Marta Day

Every year on 1st of March, Bulgarian people celebrate a centuries-old tradition called the day of **Baba Marta** (baba means 'Grandma' and Marta means 'March'), related to sending off the winter and welcoming the approaching spring.

Bulgarians exchange and wear "Martenitsas" – decorative pieces of red and white twisted threads, symbolising health and happiness and a lucky charm against evil spirits. The Martenitsas are given away to friends, family and colleagues and are worn around the wrist or on clothes. In some villages in the mountains people decorate their houses and domestic animals.



## All in the Heart

Children in Y6 have continued their learning about the circulatory system. Most pupils have now completed their model of the heart which is anatomically correct and shows features such as the ventricles and aorta.

Pupils are also learning to recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function. They will go on to describe the ways in which nutrients and water are transported within animals, including humans .

Convention on the Rights of the Child Article 24: Health

## Super Star Readers

A huge well done to all of the Infants who took part in the half-term reading challenge! You are all Super Star Readers!



"The more that you read, the more things you will know. The more that you learn, the more places you'll go." Dr Seuss





I hope that the children in the Junior classes are enjoying completing their 2024 Reading Logs!

UN Convention on the Rights of the Child Article 29: Goals of Education Don't forget to exchange your World Book Day token for a book; and to DRESS TO EXPRESS on World Book Day itself next Thursday!

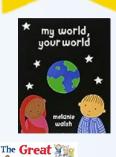
## World Book Day 2024



A reminder that World Book Day this year is on Thursday 7th March, and we have lots of fun and exciting activities planned to celebrate!

### THIS YEAR'S THEME

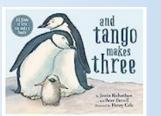
It is important that all children gain an



understanding of the world they are growing up in; and learn how to live alongside, and show respect for, a diverse range of people. During World Book Day week, our pupils will be developing their understanding of the Protected Characteristics, as defined in the Equality Act 2010.











THE ISLAND

Each class is going to choose a book which explores equality and diversity, and we invite children to come into school **dressed** 

to express on Thursday 7th March!

You could wear your favourite colour or a unique outfit to express who you are; the uniform from an out-of-school club, or something that shows us what your passion is - it can be as simple or elaborate as you like!



UN Convention on the Rights of the Child Article 22: Refugee Children; Article 22: Disability; Article 30: Culture, Language and Religion

## World Book Day 2024



A second reminder that we would love to invite every family to take part in creating a book-themed story box or story jar in celebration of World Book Day! **These will be displayed in school during the week beginning 4th March for children to enjoy; with the possibility of opening an after-school gallery the following week (depending on how many we** 

get!) so that you can all get to see them too! There will be a prize awarded to one entry from every year group.

Feel free to either create a story box or jar to accompany a children's book of your child's choice, or one that can be used by children in school who will be enjoying a particular traditional tale this year. The traditional tales that are read by the Infants n school are:

**Reception** - The Ugly Duckling; The Billy Goat's Gruff; Goldilocks and the Three Bears; The Gingerbread Man; Jack and the Beanstalk; Chicken Licken; The Enormous Turnip; The Princess and the Pea; Sleeping Beauty

**Year One** - Little Red Riding Hood; The Three Little Pigs; The Little Red Hen; Cinderella; Tiddalik the Frog

**Year Two** - The Elves and the Shoemaker; Hansel and Gretel; Rapunzel; Jack and the Baked Bean Stalk; Goldiluck and the Three Pandas; The Princess and the Pea; The Snow Queen

Thank you very much to the families who have already submitted their entries!

Every child will receive a £1 book token that can be put towards a book of their choice or swapped for one of these free books which are available in many shops. Please look out for them in book bags this coming week!



## Indoor tennis sessions & matches every week!

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- Studley

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- 🗹 Leicester
- Warwick
- West Bromwich
- 🗹 Worcester

League

Tables

#### WHY US?

#### DIVISIONS

Your child can settle in a division playing other children of the same ability.

#### MATCHES

We play matches because your child will hit the ball 10 times more than standard coaching.

Your child can enjoy playing different people.

Only by playing matches will your child improve more quickly.

#### SCORING

We score like proper tennis which will teach your child to understand tennis scoring.

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Playing with a sponge ball gets it over the net and makes rallying easier. Your child can hit harder and develop shots quicker.



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#### 5 PAY AS YOU PLAY

No fixed payment terms, you won't lose out if you miss a week due to illness or holiday.

Register today to book a no obligation call back

INFO@TENNISKIDS.CO.UK TENNISKIDS.CO.UK



## Mental Health in Schools Team Tips For Wellness

## Resilience

"Resilience is the ability to cope with difficult events and situations that happen in our lives."

We can learn ways to make ourselves feel better when we feel that things are getting too difficult to manage. Our resilience can vary according to our age and experiences we have had.

#### Help your young person to make a Resilience Plan:

Ask your child to write down or discuss the following:

- 1. Things I am good at ...
- 2. I feel proud when...
- 3. Today will be a good day because...
- 4. Things I can control...
- 5. Things I cannot control...
- Things that will help me... list some of the things that your child finds helpful for coping with difficult emotions

Exam time can be a particularly tricky time for many young people.

#### Our tips to build resilience at exam time:

- Make a revision timetable
- Take regular revision breaks
- · Find what works best for them e.g. revising alone or with a friend
- · Ask your young person to list every person in their lives they can speak to for support.

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! <u>thankskids@covwarkpt.nhs.uk</u>.

> MHST are available to support you and your school throughout the school year including term time and school holidays.

> > Please contact your school's Mental Health Lead for information and advice.

# Diary Dates

Tuesday 5th March	Y3 JL Doves class assembly at 9.15am. Parents and carers	
	are warmly invited to attend.	
Tuesday 5th March	Y6 road safety sessions.	
Tuesday 5th March	YR Exhibition: Goldfinches 9.00—9.15am and Robins	
	10.00—10.15am.	
Wednesday 6th March	Artist, Tim Brink, working with YR.	
Thursday 7th March	World Book Day—Dress to Express.	
Friday 8th March	Girls' football match v Coten End at 4.00pm.	
Monday 11th March	Cycle to school week.	
Monday 11th March	Fire service visiting Y1.	
Monday 11th March	Ducklings in school all week.	
Tuesday 12th March	Fire service visiting Y5.	
Tuesday 12th March	Y3 LR Herons class assembly at 9.15am. Parents and	
	carers are warmly invited to attend.	
Thursday 14th March	Y2 visit to Jephson Gardens.	
Friday 15th March	Holi celebration.	
Monday 18th March	Rocksteady concert at 2.15pm.	
Friday 22nd March	MUFTI (non-uniform) Day. Please bring 50p if your child	
	wears their own choice of clothes.	
School is closed for the Easter holiday from Monday 25th March—Friday 5th		
April		
Pupils return to school on Monday 8th April.		

Wednesday 10th April	Parent's Evening, 3.30—7.00pm
Thursday 11th April	Parent's Evening, 3.30—5.00pm

