



Sleepover at School

Year 5 Kittiwakes slept the night in school on Thursday as part of their "Sow, Grow and Farm" topic. Pupils enjoyed activities including planting and cooking using fresh ingredients. The children also participated in Forest School activities and enjoyed eating toasted marshmallows around a camp fire lit safely by our trained Forest School leaders. Year 5 Woodpeckers will participate in a similar sleepover next week and we hope they have as much fun. Thank you to parents and carers for their support and to the adults who stayed at school with the children.



Convention on the Rights of the Child
Article 31: Leisure, Play and Culture





Sleepover at School



Sleepover at School





Take One Picture

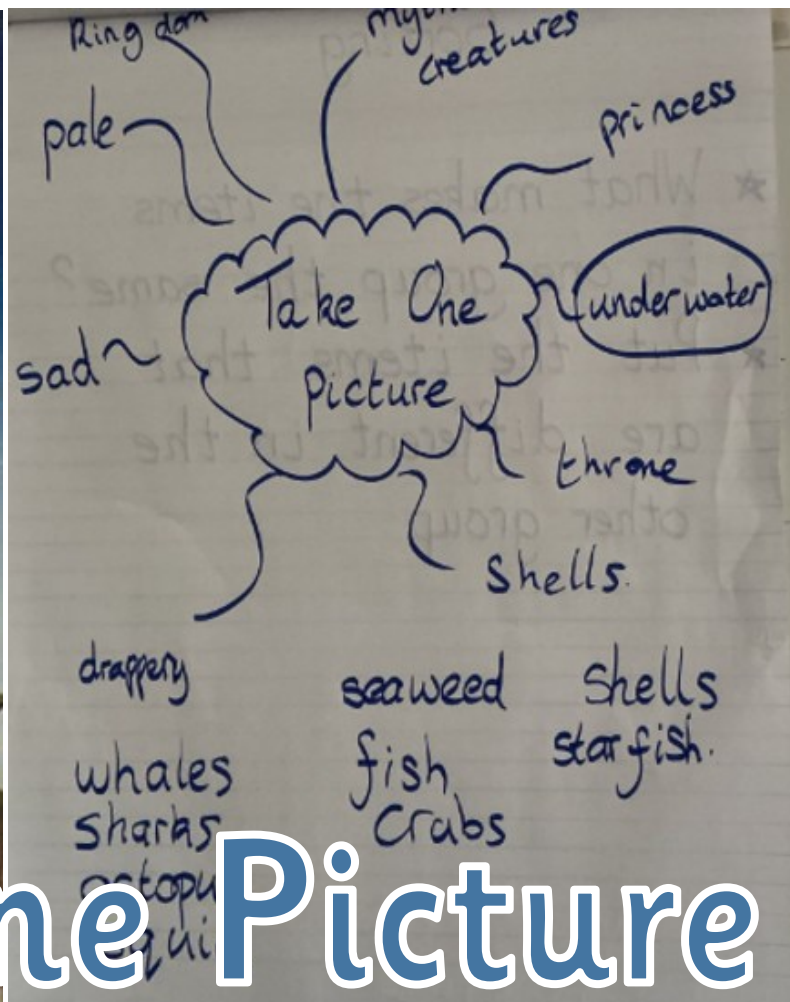


Convention on the Rights of the Child

Article 31: Leisure, Play and Culture



Here is Reception's wonderful submission for The National Gallery's "Take One Picture" project. The piece is entitled "Calliope's Kingdom" and is the children's interpretation of the underwater realm ruled over by the muse, Calliope, who is featured in the project painting.



Take One Picture

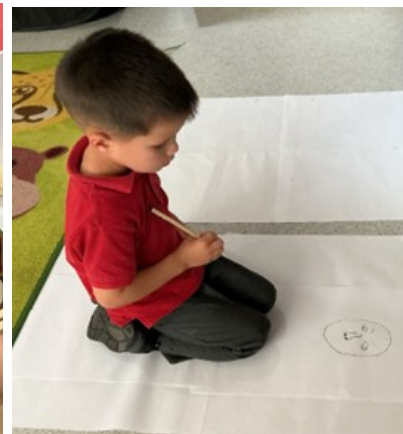
Reception's "Take One Picture" Project journey...

We began our *Take One Picture* journey with a slow reveal of the painting, encouraging the children to look closely and make careful observations. We then created a mind map to capture all of their ideas and interpretations. The children were particularly captivated by the idea that the lady in the painting was a princess who lived in an underwater kingdom, and this sparked lots of imaginative discussion and storytelling.



The children decided they wanted to create a Kingdom for Calliope to rule over. We started researching real and mythical creatures that might have lived in Calliope's Kingdom. We had recently had an underwater tough tray with seaweed in, so the children wanted to

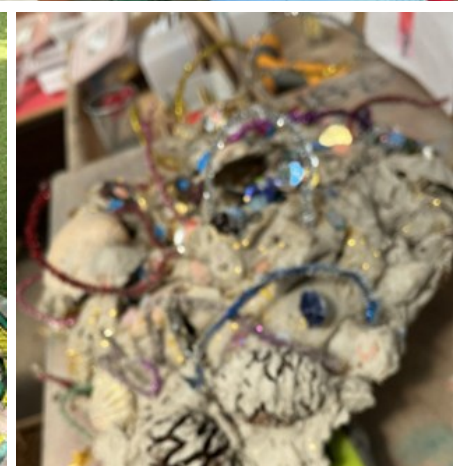




Creating the kingdom...



Take One Picture





On Monday, it was the turn of Y5 Woodpeckers to visit the National Gallery in London to see Cosimo Tura's *A Muse* firsthand.

Pupils travelled by train and London Underground to Trafalgar Square, home to the National Gallery. Once there, they enjoyed a guided tour led by art historian Ed, who introduced them to a range of paintings and encouraged them to compare and contrast different artistic styles and themes.

The children were particularly fascinated by artworks inspired by mythology and impressed everyone with their knowledge of Greek myths and characters when discussing *The Birth of the Milky Way* by Peter Paul Rubens. The highlight of the visit was, of course, seeing Tura's *A Muse* in person and studying the painting up close.

All of the children behaved impeccably throughout the day and engaged enthusiastically with every aspect of their learning. We are incredibly proud of them—well done, Woodpeck-ers!

Take One Picture

Take One Picture





Take One Picture







Pupils in Saplings Group have also been studying Cosimo Tura's painting, "A Muse." They have made careful observations of the picture and then developed their responses through drawing and clay work.

Take One Picture





Year Four have been working on the concept of Inspirations as a result of the Take One Picture stimulus. The stimulus shows Calliope, one of the nine Ancient Greek muses. Muses were considered the sources of inspiration for people such as artists, dancers, scientists and actors. Each child designed their own tenth muse based on what/who inspired them. The pieces were then collected to create a collage of all of their muses, showing the inspirations of Sydenham.



On Thursday, six Year 5 pupils proudly represented our school at the Junior Book Awards, held at The Bridge House Theatre. As part of the school's book club, the children have spent time reading and discussing a selection of shortlisted titles before voting for their favourites. The overall winner was *My Dog* by Olivia Wakeford, a beautifully illustrated and heartwarming story celebrating the friendship between a boy and his dog.

The children also took part in a character-design competition, and we were delighted that Laila's entry was chosen as the winning design. Congratulations to Laila on this fantastic achievement and to all the children who represented the school so wonderfully.

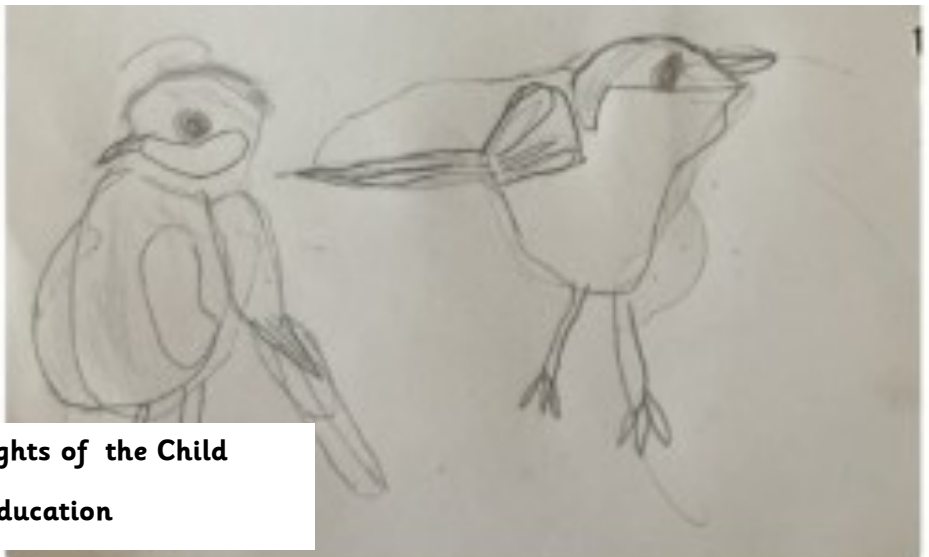
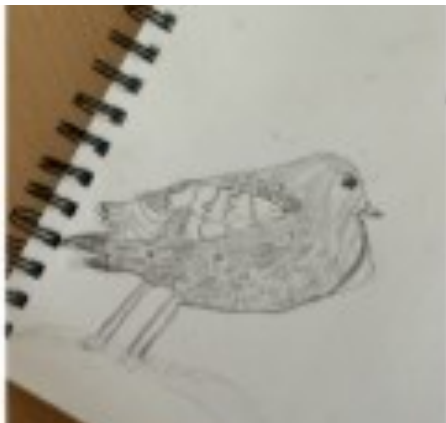


Well done to all children in Years 3 and 4 for a fabulous effort at Sport's Day this week. Pupils enjoyed activities such as tug of war, throwing and racing and it was great to see fantastic team spirit. Thank you to Onside for organising and for all the families who came along to join in the fun.

Y3/4 Sport's Day







Convention on the Rights of the Child

Article 29: Goals of Education



Year 1 have been observing and drawing birds as part of their learning in Science. The children observed at first hand and also studied videos and photographs before creating their beautiful sketches.

Y1 Nature Sketches

Eight Year 6 pupils visited Newbold Comyn to take part in a glow in the dark dodgeball event this week. All the children represented the school wonderfully and played brilliantly throughout the competition. Their teamwork, sportsmanship and enthusiasm were a pleasure to see, and they received multiple compliments from the organisers for their fair play and positive attitude.

Glow in the Dark Dodgeball





Convention on the Rights of the Child

Article 29: Goals of Education

As part of their learning about the Romans, the children created abstract artwork inspired by Roman mosaics, shields, architecture and symbols. They explored how artists use colour, shape, line and pattern to communicate ideas, rather than creating realistic images.

Using Roman artefacts and designs as a starting point, the children selected features that interested them and developed these into their own abstract compositions. They experimented with a range of colour palettes, from rich reds, golds and blues inspired by the Roman Empire to earthy tones reflecting the landscapes and materials of Roman Britain.

Through this work, the children developed their understanding of colour, composition and artistic techniques while creating pieces that combined historical inspiration with their own creative ideas. The finished artwork demonstrates thoughtful use of pattern, colour and design, and has provided an excellent opportunity to link learning in history with art.

Roman Art

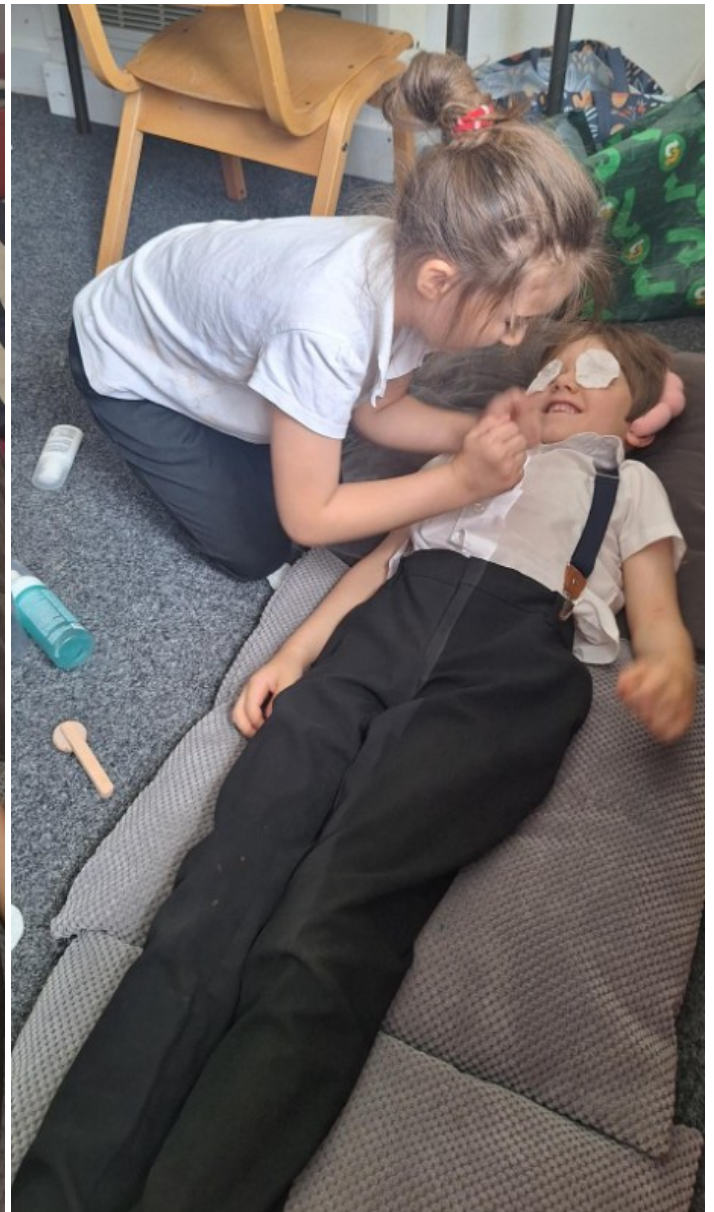
Sydenham Spa

Children who attend Rainbows Group opened their very own spa this week. The spa was open for a range of rejuvenating treatments including pedicures, manicures and facials, all accompanied by relaxing music. Mrs Summerell was refreshed by a face mask, Mrs Catalano Beattie enjoyed the foot spa and Miss Glenny popped in for an unforgettable massage. Well done to all our budding beauticians!



Convention on the Rights of the Child

Article 29: Goals of Education





Sydenham Primary School, Calder Walk, Leamington Spa, CV31 1HP
(01926)339138 www.sydenhamprimaryschool.co.uk

Friday 3rd July 2026

Dear Parents and Carers

We are delighted to announce who your child's class teacher will be next year:

Current Class 2025/26	New Teacher/s 2026/27	Class Name 2026/27
N/A	Ms Rosina Knight	YR Robins
N/A	Mrs Emily Lee	YR Goldfinches
YR Goldfinches	Mrs Jordan Northwood	Y1 Puffins
YR Robins	Mrs Lisa Cox (Mon/Tues/Weds) and Mr Jack Westwood (Thurs/Fri)	Y1 Kingfishers
Y1 Kingfishers	Mr Jack Sidgwick	Y2 Wrens
Y1 Puffins	Ms Chantelle Daly (Mon/Tues/Weds) Mrs Arandeep Harrad (Thurs/Fri)	Y2 Swallows
Y2 Wrens	Mrs Josie Lloyd (Mon/Tues/Weds) Mrs Agata Summerell (Thurs/Fri)	Y3 Herons
Y2 Swallows	Miss Sarah Dalton	Y3 Doves
Y3 Herons	Miss McKenna Wood	Y4 Starlings
Y3 Doves	Mr Armandeep Sangha	Y4 Wagtails
Y4 Starlings	Miss Molly Atkins	Y5 Kittiwakes
Y4 Wagtails	Miss Charlotte Ball	Y5 Woodpeckers
Y5 Kittiwakes	Mrs Rohanna Keys	Y6 Moorhens
Y5 Woodpeckers	Mr Jon Lee	Y6 Swans

We are very happy to be welcoming Mrs Lisa Cox back to Sydenham. Mrs Cox has been teaching at our partner school (Lighthorne Heath) for the last few years.

Your child will get the chance to spend the day with their new teacher on Wednesday 8th July. They will be accompanied to their new class by the teaching assistant who supports their current class.

On your child's Changeover Day, please drop off/pick up from your child's current class at the usual times.

Please note that the current Y1 will be enjoying PE sessions as part of their Changeover Day so will need to come to school in their PE kit on Wednesday 8th July. They will also have PE as usual on Friday (10th July.)

The current Y5 will have PE in the morning on Wednesday 8th July as per their usual timetable. They will need to come to school in their PE kit on this day.



{JAM} CODING™

FREE SUMMER COMPUTING

HOLIDAY CLUB!

SYDENHAM PRIMARY

17th Aug - 28th Aug | 9:00 -14:00 each day

Get your child active and turn their screen time into skill time this Summer Holiday Club!

From Game building to multi-sports and crafts, this club has something for every child.

- Fun for kids aged 5-13yrs
- Free admission for Free HAF child or just £25 per day! see full detail on the back of the flyer
- Take part in a range of activities including, coding, craft, puzzle, games, indoor and outdoor sports and much much more.



Venue

Address

Dates

Lillington Nursery &
Primary School

Cublington Rd, Lillington,
Leamington Spa, CV32 7AG

17th August -21st August

Lillington Nursery &
Primary School

Cublington Rd, Lillington,
Leamington Spa, CV32 7AG

24th August -28th August

Booking Link:: www.r4gtech.com/summer-camp-booking-page.php

*The club is free for Pupil Premium families, young carers, children who would benefit from social inclusion during the holidays or any child who has previously attended a Jam Coding club. Already have a voucher code and ready to book? Simply scan the QR code to secure your place today.



SCAN ME



The Mental Health in Schools Team present:

Worried about moving up to secondary school? Transitions workshop

Starting secondary school is a big change for both children and families. This workshop brings children and parents/carers together to understand common worries and learn simple, practical strategies to manage them. It will help you feel more prepared, confident, and able to support your child through the transition.

We are hosting several 'transitions' focused workshops over the summer holidays for parents/carers and their year 6, going into year 7 child(ren). These are activity based and expected to last 1 hour – 90 minutes. Please note, simple refreshments are provided but please bring drinks/snacks as required – there will be breaks!

Lillington Children Family Centre

3 Mason Avenue, CV32 7QE

Friday 31st July – 9:30am

Stratford Childrens Family Centre

Drayton Avenue, CV37 9PB

Thursday 6th August - 1:00pm

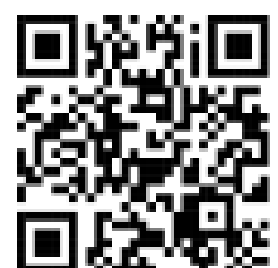
Monday 24th August – 1:00pm

Orchard House Family Room 1

83 Radford Road, CV31 1JQ

Thursday 13th August 9:30am

If you would like to register for one of these dates, please scan the QR code which will provide you with an email to send to our team. Or email mhst@covwarkpt.nhs.uk





The Mental Health in Schools Team presents:

Calm: a worry workshop for families

We are hosting several 'worry' focused workshops over the summer holidays for parents/carers to attend with their primary school aged child(ren). These are activity based and expected to last between 90 mins to two hours. Please note, simple refreshments are provided but please bring drinks/snacks as required – there will be breaks!

This workshop will help you and your child understand what worries and anxiety are, and how they show up in thoughts, feelings and the body. We will explore a range of practical tools you can try together, such as breathing, grounding and helpful thinking. The session is interactive, with opportunities to take part in ways that feel comfortable for you.

Lillington Children Family Centre

3 Mason Avenue, CV32 7QE

Friday 7th August – 9:30am

Friday 28th August – 9:30am

Stratford Childrens Family Centre

Drayton Avenue, CV37 9PB

Monday 10th August – 1:00pm

Stratford Childrens Family Centre

Drayton Avenue, CV37 9PB

Thursday 20th August – 1:00pm

If you would like to register for one of these dates, please scan the QR code which will provide you with an email to send to our team. Or email mhst@covwarkpt.nhs.uk



The Mental Health in Schools Team presents:

Five ways to wellbeing

Join our fun and interactive Five Ways to Wellbeing workshops designed for children and parents to explore simple activities that support positive mental health. Through games, movement, and creative tasks, families will learn practical ways to connect, stay active, build confidence, and manage emotions together. Our sessions are inclusive, flexible, and supportive—ensuring every child can take part in a way that feels comfortable for them.

We are hosting several workshops over the summer holidays for parents/carers to attend with their **primary school aged child(ren)**. The workshops are activity based and we expect them to last around **2 - 3 hours**. Please note, simple refreshments are provided but please bring drinks/snacks as required – there will be breaks!

Orchard House Family Room 1
83 Radford Road, CV31 1JQ

Tuesday 28th July – 10:30am

Monday 3rd August – 10:30am

Orchard House Family Room 1
83 Radford Road, CV31 1JQ

Tuesday 18th August – 9:30pm

Thursday 27th August 9:30am

Stratford Health Care Centre
Arden Street
Stratford-Upon-Avon
CV37 6NQ

Wednesday 12th August –
10:00am

If you would like to register for one of these dates, please scan the QR code which will provide you with an email to send to our team. Or email mhst@covwarkpt.nhs.uk





Mental Health in Schools Team Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Persistence

Persistence is all about keeping going, even when times are challenging. It is normal to want to give up when you are going through something difficult, but if you can stick with it and overcome the obstacles, you will be closer to achieving your goals.

Having a growth mindset will help us persist, which means you believe you can learn, grow and develop your skills by putting in the hard work and practise. This can be tricky, so make sure you reach out to friends and trusted adults to support you.

Our tips for persistence:

1. Break the goal down into smaller steps. You can set yourself smaller goals that are more achievable, to help you reach your ultimate goal. Make sure the smaller goals are linked to your ultimate goal; this may help to encourage you to keep going, as you will be able to measure your progress.
2. Try something new – this could be a new hobby, sport, craft activity, or puzzle. Having a go at something new can help to develop your persistence, whilst also having fun. You might find it challenging at first, but you will receive a greater sense of reward and achievement by sticking with it!
3. Positive self-talk – instead of saying “I can’t”, add “yet” onto the end of the sentence. This tells your brain that it might be difficult, but you will get there in the end.
4. Talk to yourself like a friend – we are often kinder to our friends than we are to ourselves, when we go through challenging times. Practise talking to yourself like you would talk to a friend! What advice would you give if a friend told you they were rubbish at something? What would you say if they felt they wanted to give up?
5. Practise mindfulness. A good way to improve our mental wellbeing is by paying more attention to the present moment and the world around us. Think about sounds and smells around you, what can you see, and how does this make you feel. By being more aware, this can improve our mental wellbeing and enable us to improve skills such as being persistent.

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

SYDENHAM PRIMARY PTA SUMMER FAYRE

FRIDAY 10TH JULY
3.20-5.30



BOUNCY CASTLE - GAMES
- SOAK THE TEACHER -
REFRESHMENTS
TOMBOLA - RAFFLE &
MORE



JOIN US IN RAISING FUNDS
TO SUPPORT OUR SCHOOL
AND BENEFIT YOUR PUPILS'
LEARNING EXPERIENCE!

Diary Dates

Monday 6th July	Y5/6 Sport's Day—re-scheduled date.
Tuesday 7th July	RSC Ambassadors to the Playmaking Festival, Stratford-Upon-Avon
Tuesday 7th July	YR trip to the Play Village.
Wednesday 8th July	Changeover Day—pupils move up to spend the day with their new class teacher.
Thursday 9th July	Y1 trip to West Midland's Safari Park.
Thursday 9th July	Y5 Woodpeckers Sow, Grow & Farm sleepover at school.
Friday 10th July	Y4 Wider World performance at The Bridge House Theatre.
Tuesday 14th July	Y4 trip to immersive Ancient Egypt experience.
Thursday 16th July	Y3 Doves swimming (to replace the lesson missed due to the trip to Coventry Cathedral.)
Wednesday 15th July	Leavers' show and awards ceremony for Y6 Moorhens. Estimated running time 9.30—11.30am
Thursday 16th July	Leavers' show and awards ceremony for Y6 Swans. Estimated running time 9.30—11.30am
School ends on Friday 17th July.	
Academic year 2026/27 begins on Wednesday 2nd September 2026	

Diary Dates



Sydenham Superstars



YR and Key Stage One



Key Stage Two