

Wear Blue



Convention on the Rights of the Child

Article 24: Health

Mental Health Day

On Thursday, our school community came together to mark World Mental Health Day by wearing blue. It was wonderful to see so many creative and thoughtful outfits across the school, reflecting our shared commitment to raising awareness and supporting mental wellbeing .



World Mental Health Day, observed every year in October, is a global initiative dedicated to raising awareness about mental health issues and promoting well-being for everyone.

It encourages open conversations, reduces stigma, and highlights the importance of support and understanding for those experiencing mental health challenges.





Your generous donations will be passed on to the local charity, Warwickshire Mind who provide vital support and services for people experiencing mental health difficulties. They offer advice, counselling, and community programmes to help individuals improve their wellbeing and lead fulfilling lives. Their work focuses on raising awareness, reducing stigma, and ensuring everyone has access to the help they need.





Master Chef

We are currently working with Educaterers to enhance our school dinner menu. On Thursday, Chef Chris and Celia Apted, Area Manager for Educaterers, visited the school with a selection of new dishes for the pupils to try.

Chef Chris spent the morning preparing the dishes in our school kitchen and then served:

- Chicken fajitas with vegetable couscous
- Chicken, potato, and vegetable pie in a rich gravy sauce
- Cheese, tomato, and oregano pasta bake
- Berry muffins

Our group of tasters were enthusiastic about all the dishes and especially praised the crispy pastry on the pie. Eli shared that he enjoyed the couscous even though he wasn't expecting to, and Devina described everything she tasted as "delicious!"

Look out for the dishes on up and coming menus.





Our tasters study the new Educaterers and enjoy the range of dishes on offer.





Y2 Engineers

Year Two pupils used their prior knowledge about materials and their uses to explore how materials can be made stronger by altering their structure. They learned about truss and suspension bridges and then investigated ways to build the strongest possible bridge.

Pupils used the following methods to strengthen paper:

- **Folding the paper** into shapes like triangles or accordion folds because these shapes distribute weight more evenly and resist bending.
- **Layering multiple sheets** of paper on top of each other to make the bridge thicker and stronger.
- Using **truss designs**, which involve creating triangular frameworks out of paper strips, to help the bridge carry more weight by spreading the force through the structure.
- **Rolling paper into tubes** as this resists bending and crushing better than flat sheets.



Christmas Lunch 2025

**Roast Turkey
Cocktail Sausage, Stuffing Ball with Gravy
(G.SU)**

or

**(vg) Roast Quorn Fillet, Veggie Sausage,
Stuffing Ball with Gravy (G)**

**Served with Crispy Roast Potatoes,
Garden Peas, and Sliced Carrots**


(vg.h) Iced Christmas Cookie (G)

or

(v,h) Festive Cupcake(G.E)

Allergen Key
V - Vegetarian
VG - Vegan
G - Gluten
E - Egg
SU - Sulphites
H - Homemade

Allergen Free alternatives are also available



Seasons Greetings from The
Nutrigang & everyone at
Educaterers

educaterers®
caring is our secret ingredient

YR/1/2 Theatre Trip

On Wednesday 3rd December, Years R/1/2 will be visiting Warwick Arts Centre to watch a performance of “The Tiger Who Came to Tea.” The cost of the trip is £16.67—please make payment via your ParentPay account. For more information, see the letter sent to you or speak to a member of our office staff.

Direct from the West End, the Olivier Award nominated smash hit show, The Tiger Who Came to Tea returns.

The doorbell rings just as Sophie and her mummy are sitting down to tea. Who could it possibly be? What they certainly don't expect to see at the door is a big, stripy tiger!

Join the tea-guzzling tiger in this delightful family show; packed with oodles of magic, sing-a-long songs and clumsy chaos. Don't miss this stunning stage adaptation of the classic tale of teatime mayhem... expect to be surprised!

A musical play adapted and directed by David Wood, based on the book by Judith Kerr.

The Tiger Who Came to Tea





Y3/4 Theatre Trip

When Princess Aurora pricks her finger on an enchanted spinning wheel she's cursed to fall asleep for 100 years, unless she's kissed by her one true love. Enter the dashing Prince (and his two rather calamitous sidekicks) who embark on a brave adventure to save the Princess from her terrible fate. But with the wicked Fairy Carabosse determined to ruin their plans, will our trusty trio be triumphant or is the Princess doomed to a century of snoozing? You'll have to come along to find out!

Sleeping Beauty will be full to the brim with all of the wonderful elements that make a trip to the Belgrade such a well-loved Christmas tradition for thousands of families every year.

On Wednesday 26th November Years 3/4 will be visiting The Belgrade Theatre to watch a performance of "Sleeping Beauty." The cost of the trip is £20.67—please make payment via your ParentPay account. For more information, see the letter sent to you or speak to a member of our office staff.

The ROALD DAHL'S BFG

ADAPTED BY TOM WELLS

One extraordinary night, a young orphan named Sophie is snatched by a giant and taken far away to Giant Country. There she learns that human-eating giants are guzzling 'norphans' the world over. But she soon discovers that her new friend, the BFG, is different – he's a dream-catching, snozzcumber-munching gentle soul who refuses to eat humans.

While other giants terrorise the world, the BFG ignites Sophie's imagination, and they devise a daring plan to save children everywhere. In the end, the smallest human bean and the gentlest giant prove that a dream can change the world.

Gather your chiddlers to see Roald Dahl's unforgettable story come to life this winter. Tom Wells' magical new adaptation is directed by RSC Co-Artistic Director Daniel Evans.

On Thursday 15th January 2026, Years R/1/2 will be visiting The Royal Shakespeare Theatre in Stratford to watch a performance of "The BFG." The cost of the trip is £18.00—please make payment via your ParentPay account.





AUTUMN TERM VIRTUAL WORKSHOPS & PROGRAMMES

Workshop/ Programme	Date and Time	Venue
Sleep and Routines	10th October 09:30 – 11:30	Virtual
Boundaries and Rules	15th October 10:00 – 12:00	Virtual
Routines	16th October 12:45-14:45	Virtual
Keeping your child in mind	16th October 17:30 – 19: 30	virtual
Understanding Children's Behaviour	23rd October 12:45 – 14:45	virtual
Parenting Together	28th October 10:00– 12:00	virtual
Sleep and Routines	6th November 09:30 – 11:30	virtual
Boundaries and Rules	6th November 12:30 -14:30	virtual
Routines	12th November 12:30 – 14:30	virtual
Understanding your teenager	14th November 09:30 – 11:30	Virtual



**Book your
free place**

**For Warwickshire
parents only.**

For further information about this
programme please email
ehparenttrainers@warwickshire.gov.uk

CYCLE TO SCHOOL WEEK '25

is coming!

Supported by:



NatWest
Rooster Money



13 - 17 October

cycletoschoolweek.com



CYCLE TO SCHOOL WEEK '25

13 - 17 October

Supported by:



NatWest
Rooster Money



Bring some fun

to the

school run

AT THE BRUNSWICK HUB

HALLOWEEN PARTY

GET YOUR SPOOKY
COSTUMES ON AND JOIN
US FOR SOME
HALLOWEEN FUN

Oct 28 | 5- 7 pm

SPOOKY DISCO WITH
HALLOWEEN FUN & GAMES

PRIZES FOR BEST
COSTUMES!

★ CALL US ON
01926 422123 TO
BOOK A PLACE





AT THE BRUNSWICK HUB

SEND DROP IN sessions

Where and When?

Every other Wednesday

13:00-14:30

Lillington Children's
Centre

The third Thursday of
each month

11:00-13:00

Brunswick Hub

How does it work?

Attend at any time
between the times set,
let us know what you
need help with and we
will either manage it on
the day if possible, or we
will book you a 1-1
appointment for
another day

Examples of what we can support with (but not
limited to):

- + DLA/PIP Forms
- + EHCP Applications
- + School Refusal and anxiety
- + Signposting and referrals
- + Parent/carer wellbeing support

For more information please call 01926 422123

Digital Support at the Hub

If you don't have access to a computer or the internet at home and/or you're not as confident with computers as you would like to be, we offer various services that may be able to help.

DIGITAL DROP IN

We run a fortnightly drop in on a Friday afternoon (1-3pm) for anything that you may need help with digitally - eg. help paying a bill online, learning how to send emails, help using social media, etc. No need for an appointment, just pop in and we'll do our best to help!

We run a 1-day accredited Digital Skills course each month for those wanting to develop basic computer skills. The course runs from 10am-2pm and modules include 'E-Safety Essentials' and 'Navigating Online Services'. Contact us to book a place!.

DIGITAL SKILLS COURSE

We have recently helped provide some low income households with free wi-fi for 12months and may be able to offer additional help - if you feel your household would benefit from this, please get in touch with Leah: leahweston@brunswickhlc.org.uk
Please note: This is subject to availability and we will need to see proof of current benefits received.

UPCOMING DATES:

Friday 24th October
Friday 21st November
Friday 23rd January

AT THE BRUNSWICK HUB



If you are happy to use the computer independently, our public computers are free to use and available all week during our opening hours. *You will just need to fill in a quick registration form the first time you use them!*

We also offer printing, photocopying and scanning - Visit our website or pop in for prices

Weekly Timetable

These are our ongoing services—Visit our website or contact as detailed below for more information

MONDAY

Brunswick Walking Group	10.30-12.00	Weekly	Brunswick Hub
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TUESDAY

Drop in for help/advice	10.00-12.00	Weekly	Brunswick Hub
Prospects (Career advice for 16-18 year olds)	11.00-12.00	Term-time	Contact Catherine on 07702 862446
Menopause Group	18.00-19.00	Fortnightly	Brunswick Hub

WEDNESDAY

Triple Link Dementia Group	11.00-12.30	Weekly	Brunswick Hub
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THURSDAY

Free Food Table	9.00 →	Weekly	Brunswick Hub
Baby Weigh Clinic (Drop in)	9.30-11.30	2nd&4th Thurs	Contact Health Visitor for info
SEN Support Drop in	10.00-12.00	3rd Thurs	Brunswick Hub
Employment Club	10.00-12.30	Weekly	Brunswick Hub
Drop in for help/advice	13.00-15.00	Weekly	Brunswick Hub

FRIDAY

Free Food Table	9.00 →	Weekly	Brunswick Hub
Entrust Cafe (<i>cash only</i>)	9.00-13.00	Term-time	Brunswick Hub
Digital drop in	13.00-15.00	Fortnightly	Brunswick Hub
Guided Meditation & Sound Bath	18.30-19.45	24/10, 28/11, 12/12	@code11holistics on Facebook

Turkey Batch Day

Wednesday
17th December

COME JOIN US FOR OUR
ANNUAL CHRISTMAS EVENT!

11:30 am - 2:30 pm

FREE TURKEY BATCHES
(AVAILABLE FROM 12)

Get in touch on
01926 422123 to
reserve your turkey
batch now!

Plus

Free hot chocolate ~
Christmas tombolas ~ Nearly-
new sale of toys, books and
gifts ~ and more...

AT THE BRUNSWICK HUB

CAN YOUR COMMUNITY HELP?

We are collecting **men's clothes** for a community of young men who are thousands of miles away from home, alone and have no possessions whatsoever.

Can you support our Urgent appeal for Clean clothes:

Coats, t shirts, joggers, jeans and sweatshirts in sizes small, medium and large.



We can collect from schools in Warwick, Kenilworth and Leamington areas to get your donations to people in desperate need.

Huge thank you from
Justine Valentine and Nikki Ajibade
International Solidarity Officers for WNEU
Justine.valentine@neu.org.uk or Nikki.ajibade@neu.org.uk