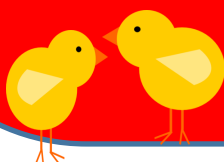


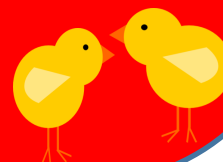
Chirpy, Chirpy, Cheep, Cheep!

This is the EGGSTRAORDINARY moment when our first chick hatched, as seen live by Dylan and Simran from home. We just love the looks of fascination and pure pleasure on their beautiful faces.

And, goodness me! How our chicks have grown. The children at school have been so gentle when handling them and have loved to watch them throughout the day.

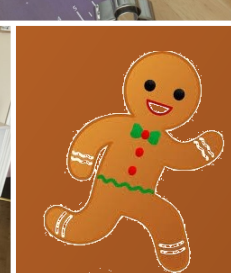
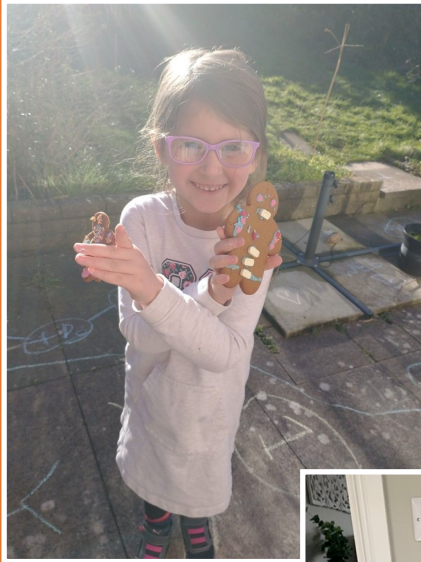


UN Convention on the Rights of the Child
Article 29: Goals of Education





Run, run as fast as you can.
You can't catch me, I'm the

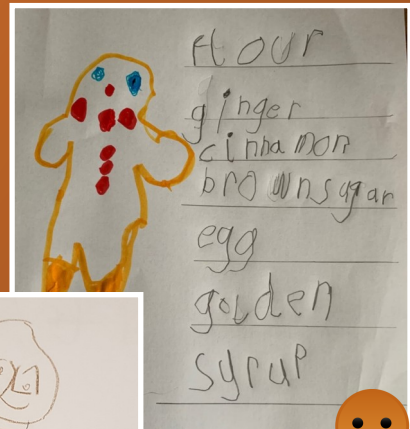
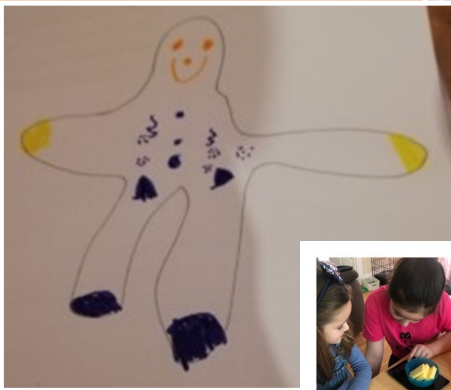
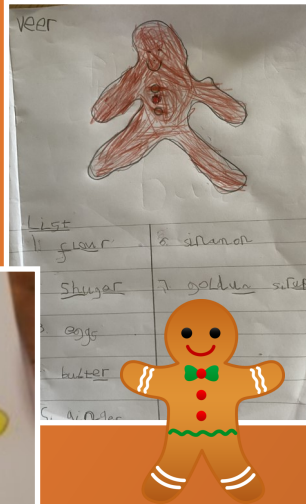


Reception have been reading the story of "The Gingerbread Man." They had lots of fun following a recipe to make their own ginger biscuits. Tasty!



Gingerbread Man!





Poetry Please



Sydenham's resident poet laureate, Tayyaba, is back with another lovely poem to help us through this difficult period in our lives.

Let's Keep Smiling

During these difficult, challenging times,

Let's keep smiling, let's keep smiling.

To the wonders of the world, let's keep connecting to each other.

Let's keep smiling, let's keep smiling.

Let's wave to each other if we see one another throughout the day,

Let's keep smiling, let's keep smiling.

Reflect on your lovely memories from over the years,

Let's keep smiling, let's keep smiling.

The people you love are always in your heart; remember the happy times you had together,

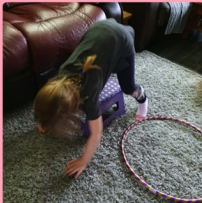
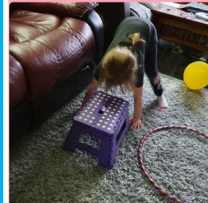
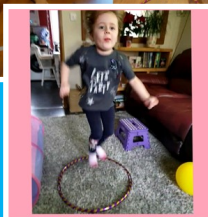
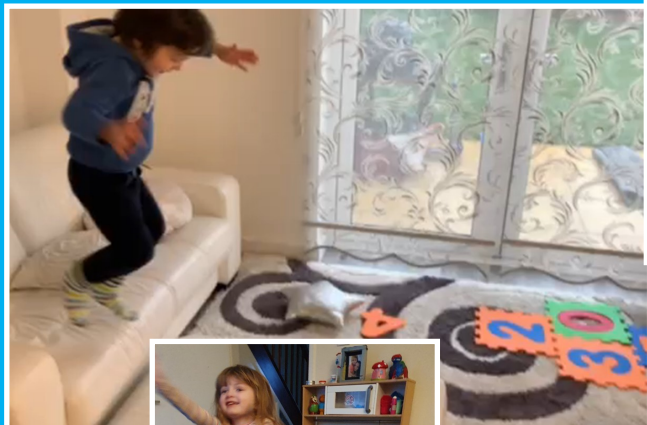
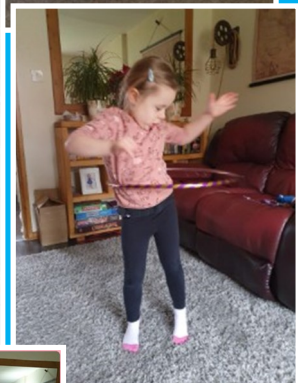
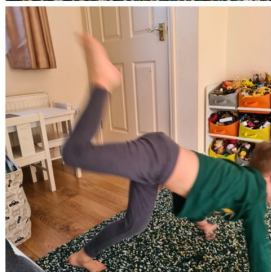
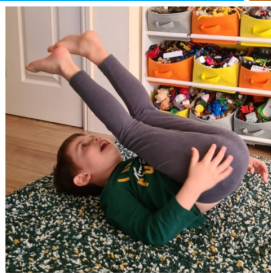
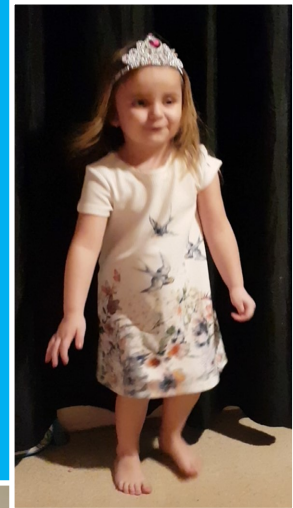
Let's keep smiling, let's keep smiling.

By Tayyaba (Y3)



The Reception Work Out

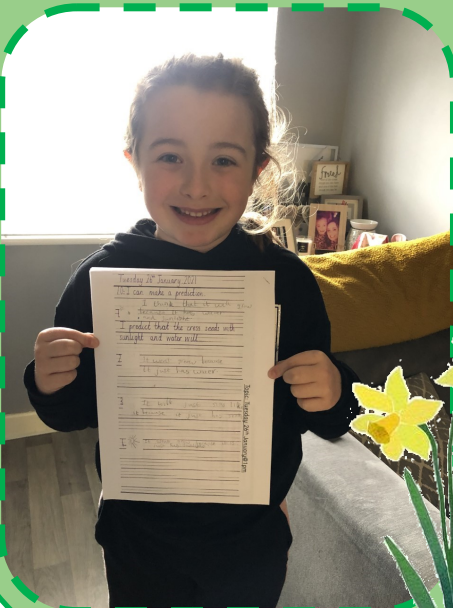
Forget Joe Wicks! If your new year's resolution is to get fit in 2021, then you need to follow Reception's workout plan. Miss Glenny feels exhausted just by looking at how much energy Reception pupils have to burn.



Y2 Daffodils



Year Two have become brilliant botanists this week. Pupils made careful observational sketches of a daffodil, before dissecting their flower and drawing and labelling its parts.



Y1 Dinosaur Riddles

?

I've got small arms, it's part
of my charm, I'll eat you
whole, I hate a fruit bowl.
Who am I?

(T Rex)



ROAR!

I have a long neck
and a long whip like
tail. I lived in the
Late Jurassic Period. I am a
herbivore. What am I?

(Diplodocus)

Can you
answer Year
One's dinosaur
riddles?

They have a
tiny head and a long neck.
They were plant eaters.
What were they?

(Diplodocus)

I am a herbivore, I have very
short claws, I have never
eaten meat before. I'm the
longest dinosaur, I bet you
have never seen a dinosaur
as long as me. Who am I?

(Diplodocus)



This dinosaur has a long
neck like a giraffe, it is a
herbivore, it eats plants. It
has an extremely long tail.

Who am I?

(Diplodocus)

I have a tiny brain, too
small for school
but the plates on
my back are really
cool. Who am I?

(Stegosaurus)

It is a carnivore. It lived in
the North American river
valleys. Who am I?

(T Rex)



?



Online Safety



Worried about what your children may stumble across when searching online? Even the most attentive parent can't always be looking over their child's shoulder 24/7, checking if what they're viewing is appropriate.

Welcome to Swiggle.org.uk, the ad-free child friendly search engine from the Online Safety experts at South West Grid for Learning (SGfL.)

Great Online Skills Start Here

Good practice starts young and encouraging healthy attitudes and behaviours from your child as part of their online life is best when it involves you. After all, wouldn't you want to be the first person your child goes to when they find online content that makes them feel upset, embarrassed or frightened?

Swiggle has been designed to support young children when searching for images or content online. Generic search engines can throw up a host of difficulties and embarrassing incidents when children stumble across inappropriate content (either accidentally or deliberately). Even with "safer searching" filters switched on, image searches can often return thumbnails to content that is wholly inappropriate yet in full view.

All the Tools Kids Need

Swiggle is built on Google Safe Search technology but has a number of active features that encourage children to respond to and report inappropriate online content they find, rather than "Whoops! Let's move on!"

Children are encouraged to report content they think should not be part of Swiggle, or should be blocked on your network. We even provide our "Swigglebot Screen Cover" to encourage seeking out help from a parent or carer. Active participation in managing online content.

Features Include

- Customised Google Safe Search technology
- Active blocking of inappropriate search strings
- Active help from our Swigglebot
- Screen-cover widget that can be installed in the browser bar for all online browsing
- Easy to access reporting page for children and adults
- Clear and accessible design

It's a safer sandpit to develop responsible skills before progressing on to more open and transparent online search engines like Google or Bing.

It's a great start in encouraging responsible online searching.

For Your Information

Parent Conferencing

We will be holding remote parents' and carers' evenings on Microsoft Teams on: **Tuesday 9th February 2.30pm-5.00pm; Wednesday 10th February 2.30pm-5.00pm; Thursday 11th February 2.30pm-5.00pm**

We will send a link to your mobile phone and/or email address next week (**booking will open on Monday 1st February**), which will take you to our online booking system to select a time convenient for you. Please follow these simple steps to book your slot:

1. Click the link that you receive through text and/or email to take you to the confirmation page. You will need internet access to do this.
2. Enter your child's first name to continue. If you have more than one child, any of their first names will work.
3. Next you will be taken to the booking page. This will show your children, alongside all of the teachers that you can book in with.
4. Click 'Please Choose' to be shown a list of available times that you can click to book. This will even give you the option to add any notes that you might want the teacher to see before the meeting.
5. After you have entered any notes, please click 'Book this Slot' to complete your booking. When the button has turned green you know your booking has been made.
6. At any time before the Parents Evening, you can click the link on your phone or email again to check your booking time or even un-book by clicking the green booked button.

Please note that we are only able to email the booking link to the first contact on Teachers2parents. Where families are split, we politely request that the first contact sends the Microsoft Teams link to the second contact (regrettably, we are currently unable to offer more than one online session per child due to time constraints).

Booking will close on Friday 5th February. If you are experiencing technical difficulty booking, please telephone or email the school office.

You will receive a Microsoft Teams meeting link to the online meeting on Monday 8th February. Please note that Microsoft Teams is free to download on all devices (including smart phones).

For Your Information

Girls! Bored of Lockdown? Love To Sing?



Warwickshire
CHORISTERS

Join Warwickshire Choristers new Junior Girls' Choir
Singing Workshop for girls aged 7-11 on 3rd February
2021 at 4.30pm on Zoom.

The sessions are run by an excellent musical team, and are designed to be fun, physical and social, as well as teaching the basics of singing and learning some lovely music.

Get in touch via our email choristers@choristers.org or fill in a recruitment form at:
<http://bit.ly/397v9wb> for Zoom details.

Charanga Music

Congratulations from Mrs Murphy to all of the children in Key Stage Two who have engaged with either recorder, ukulele, guitar, or keyboard work using the Charanga website. Mrs Murphy is so impressed that some of you have enjoyed using the resources for more than one instrument. Keep up the great work!

Special Mentions



Well done to **Stanley** for designing and making this fantastic nesting box. We hope that the box is soon in full use and you get to enjoy a wider range of birds in your back garden.

Congratulations to **Jasper** who has been working so hard during his online sessions with Mrs Napier. He now makes his reading sound really good by changing his voice to fit the story - a whisper when a character is hiding, or a louder, excited voice for "Surprise!" He is also fantastic at noticing when he needs to go back to fix mistakes, without being asked. Keep up the good work, Jasper!

Rueben has made a fabulous model scooter from wood and glue which deserves special praise. This is a very fiddly piece of work and Rueben impressed everyone with his ability to manipulate materials and tools at such a small scale. Fantastic!



SCIENCE FUN AT HOME



Have some fun at home with these science activities from **Science Sparks** and the **Primary Science Teaching Trust**



BEFORE YOU START! Please read through this with an adult:

- * Make sure you have read the 'IMPORTANT NOTICE' on the back of this page.
- * If you have a space outside that you can use safely, then you can do the 'Try this outdoors' activity outside. Don't worry if not as you could still do it indoors.
- * Talk to your adult about sharing the science you have done and if they want to share on social media, please tag @ScienceSparks and @pstt_whyhow and use #ScienceFromHome

SCIENCE IN STORIES

1 TRY THIS INDOORS ... Mirror writing

In the story of Alice Through the Looking Glass, Alice climbs through a mirror and finds everything happens backwards, including writing! Have a go at some backwards writing: start by writing your name as usual and then look at it in a mirror where it will appear to be backwards. Then have a go at writing your name *backwards* and check in the mirror to see if it now appears to be the right way round. Try writing some other words.

You will need

- * Paper
- * Pencil
- * Mirror
- * Felt tip pens
- * Bucket or large bowl of water
- * Recycled or junk materials
- * Sticky tape or string
- * Small toy

WHAT DO YOU NOTICE?

Things to talk about ...

Is it easier to write some letters than others? What happens if you try to use the hand that isn't the one you usually write with? As an extra challenge, can you write backwards with one hand and forwards with the other?!



2 TRY THIS OUTDOORS ... Make a raft for The Gingerbread Man

In the story of The Gingerbread Man, he is eaten by a fox as he tries to cross a river. Can you help the Gingerbread Man cross the river safely by making him a raft out of junk or recycled materials? Test your raft in a bucket or large bowl of water. Can it carry a small toy without sinking?

WHAT DO YOU NOTICE?

Things to talk about ...

Which materials make the best raft? Why do you think they are better at floating? Can you add anything to the raft to help it float? What happens if you put a heavier toy on the raft?



3 WHAT IS THE SCIENCE?

When we look in the mirror, we see objects because light is reflected from them to the mirror and back to our eyes. The light will be reflected at the same angle as it hits the mirror which means that the object will appear to be flipped horizontally. If you write a word on a piece of paper and hold it up to a mirror the letters are backwards, but they are still the right way up. We call this a mirror image. Only mirrors that are perfectly smooth and flat give a mirror image.

Objects float on water if they are less dense than water. Just because something is heavy doesn't mean it is dense. For example, ships are heavy but not dense. Density refers to how tightly packed the materials inside an object are. Bubble wrap is not dense, but a potato is dense. A potato dropped in water will sink, but if you reduce its density by wrapping it in bubble wrap it will float.

4 MORE ACTIVITIES YOU COULD TRY

GROW A BEAN FOR JACK www.science-sparks.com/bean-in-a-jar

SCIENCE THROUGH STORIES www.wowscience.co.uk/teaching-science-through-stories/

EXPLORE MIRRORS AND LIGHT www.pstt.org.uk/resources/curriculum-materials/Starters-for-Science

TAKE A SCIENCE SELFIE! Maybe you could show other people what you have been doing?

IMPORTANT NOTICE: Science Sparks and The Primary Science Teaching Trust are not liable for the actions or activity of any person who uses the information in this resource or in any of the suggested further resources. Science Sparks and The Primary Science Teaching Trust assume no liability with regard to injuries or damage to property that may occur as a result of using the information and carrying out the practical activities contained in this resource or in any of the suggested further resources.

These activities are designed to be carried out by children working with a parent, guardian or other appropriate adult. The adult involved is fully responsible for ensuring that the activities are carried out safely.



Public Health Campaign: Time to Talk Day

Thursday 4th February 2021



time to change
time to
talk day
04/02/21

Changing the way people think and act about mental health problems

Around 1 in 4 people will experience a mental health problem this year.

So...what can we all do to help?

It's Time to Talk.



Games to get you talking

Start a conversation about mental health with your friends and family by playing these games:

[Time to Talk Bingo](#)

[Time to Talk Conversation Starter](#)

[Time to Talk Would I Rather Game](#)



Make a pledge!

Why not take a step to improving the mental health of yourself and others by making a pledge?

You can record your pledge on the [Time to Talk Pledge Sheet](#)

Example pledge ideas:

- ★ Taking 15 minutes every day to talk to a family member or friend.
- ★ Going out for a walk or jog a few times a week, and encouraging someone in your household to join you.
- ★ Starting a group chat with family or friends, or sharing something funny or interesting with people you haven't spoken to in a while.
- ★ Complimenting or thanking somebody in your life.
- ★ 'Checking in' with a friend and asking how they are, really listening to the answer and trying to be honest if they ask how you are.

Write down as many pledges as you would like and start working towards them today. It may seem small, but small changes can make a big difference!

Other activities

- Take some time to have a look at the [Young Minds guidance on looking after your mental health during coronavirus](#). Next, have a look at these [top tips for talking to friends or family about mental health](#). Once you've read through both, create your own top tips cards. You could make 5 cards with tips for looking after your own mental health, and 5 cards with tips for talking to others.
 - Decorate your cards with drawings and any materials you have around the house, then keep them somewhere special to remind you how to look after yourself and help others.
- Learn more about mental health and how it affects people with this [mental health quiz](#).
- Write a blog article or story about experiences you have had with mental health. You can keep this for yourself, share it with others you trust, or even submit it somewhere like the [Young Minds blog](#) if you feel comfortable (just remember to check with your parents/carers first).



Services and websites for support with mental health

CW RISE

Mental health services for children and adolescents in Coventry and Warwickshire.

 cwrise.com

 Urgent supportline:

02476 641799 (8am–8pm) or
0300 200 0011 (overnight)

Young Minds

A charity that supports young people's mental health. Visit their website for useful resources, information and blog articles.

 www.youngminds.org.uk

Childline

Trained counsellors who provide confidential support on any matter, big or small.

 www.childline.org.uk

 0800 11 11

 [Live chat here](#)

The Mix

A support service for young people with lots of resources, forums and advice, as well as a free helpline or live chat.

 www.themix.org.uk

 0808 808 4994

Talk to a school nurse

Young people (aged 11–19) can contact [Warwickshire School Health & Wellbeing Service](#) and talk to a school nurse if you're having difficulties with mental health. The nurse will be able to provide support, advice and resources, and can connect you with other services if extra support is needed.

 Text ChatHealth on 07507 331 525.



Sydenham Superstars

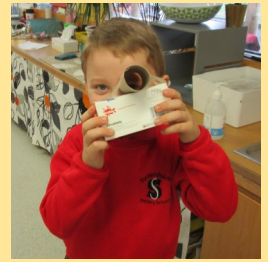


YR LS

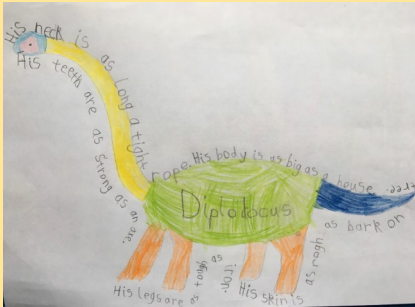
Nicolle has been chosen as class superstar for all the fabulous learning she's been doing at home. Nicolle has been incredibly busy and has sent in lots of photographs of her lovely work. We're so proud of you, Nicolle.

YR HC

The YR HC superstar this week is **Jackson**. He has been busy in the classroom workshop area making things from recycled materials, including a camera. We're very proud of all your effort and achievement, Jackson!



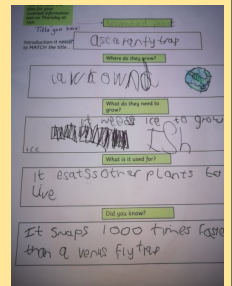
Y1 EL



Bea has been chosen as superstar this week. Mrs Lee has been so impressed by Bea's fantastic work on dinosaurs. She has followed all of the success criteria and has presented her work beautifully. Mrs Lee can see how hard Bea's focusing on her work and it's lovely to see her enjoying her learning. Keep up the wonderful work Bea!

Y1 CD

Harry is superstar after another fantastic week in the classroom. Harry is making great progress in his writing. He's really thinking about each sentence and is ensuring he reads his work back to spot his own errors. This week Harry has applied his phonics learning throughout his writing and has produced a lovely description of a Triceratops using lots of factual information. Miss Daly is delighted with your efforts Harry and is very proud of your all-round super star attitude towards your learning. Keep up the great work, we are all very proud of you



Y2 RK

The super star for Y2 RK is **Oscar** for the imagination that he showed when inventing a plant, his commitment to improving his handwriting and his desire to support others with their learning during live lessons. Well done, Oscar—what a star!

Y2 CP

Super star for Y2 CP is **Inana** for her enjoyment of learning and her desire to keep on improving in everything! She has attended every live lesson and is always keen to share her ideas. She also knows a lot about bulbs and has been using her own experience of planting them with her family to share her knowledge with others.

Sydenham Superstars

Y3 JL

Raisan has been nominated as Y3 JL superstar for her fabulous remote learning. Raisan has regularly been logging on to lessons, joining in and sending work to Mr Lee. Well done for your commitment and enthusiasm.

Y3 CR

Y3 CR superstar this week is **Dominic**. Dominic is working extremely hard at home. He completes all of the learning set, presents his work beautifully and puts so much effort in to each piece. He should be very proud.

Y4 AH

Ovi has been chosen as class superstar this week. On Friday, the Year Four bubble participated in two remote lessons delivered by visiting teachers and Ovi made a brilliant contribution, answering questions and explaining his opinions with confidence. Great learning, Ovi.

Y4 SM

Mrs Madahar would like to nominate **Scarlet** to be the 4SM class superstar this week. She has been working extremely hard on all areas of her learning at home and Mrs Madahar is so proud of the perseverance, resilience, and determination she has shown. Well done Scarlet!

Y5 CB

Violet is Y5 CB superstar this week. Violet has been concentrating really well in the classroom, asking some great questions and producing lots of learning. She is a friend to everybody in our bubble and is really helpful and supportive to everyone, including the adults!

Y5 JE

The Y5 JE superstar is **Dilshan**. Dilshan has been a fantastic role model for other children in the classroom with regards to behaviour, attitude to learning and effort. This week he has also produced a lovely piece of artwork. Well done!

Y6 KG

Jake is this week's superstar. Jake has worked really hard at home and impressed Miss Gillespie with his enthusiasm, commitment and organisation. Jake's Powerpoint on the Titanic was particularly impressive. You're a star!

Y6 JvS

Chloe is the Y6 JvS superstar. Chloe is working so hard from home and is really trying her best to join online lessons and complete all the tasks set. Well done, Chloe! You should be proud of all your efforts.