

Newsletter 5

Friday 7th October 2022

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Watercolour artist, Clare Robinson, worked with KS2 pupils again this week. Pupils developed their watercolour technique and created some lovely pieces of artwork.

Watercolour Artists

tions er.





speak Turkish. Meet our Young Interpreters

Young

Scheme®

My name is

Defne and I

My name is

Timmy and I

speak Russian.

At Sydenham, we're very proud to have twenty nine different languages spoken by our pupils. We love the fact that so many of our children have English as an Additional Language and think that bi-lingualism is a wonderful skill that makes your brain GROW! We encourage families to speak their mother tongue at home and know that fluency in multiple languages can boost learning across the curriculum.

We use pupil Young Interpreters to help children with English as an Additional Language who are new to school. Our Young Interpreters are, themselves, bi-lingual or multi-lingual. They undergo specific training for this role and are selected on the basis of different personal qualities they may have. The support they offer to a newly arrived pupil can be very reassuring and helps them to feel safe, settled and valued.



On Thursday, Harriet's parents brought a very special visitor to meet Reception—Luna the owl! The children were fascinated to learn about what Luna eats and how she's cared for.

For one magical moment, Luna took to the sky and flew, much to the amazement of the children. Thank you Dave and Becky for allowing us to meet Luna.

al Visitor

UN Convention on the Rights of the Child Article 29: Goals of Education

Harriet explains that Luna's favourite place to sit is in a tree.

Luna prepares to fly!

The children asking lots of brilliant questions.

Music Mark Award

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PROUD TO BE A

MUSIC MARK

2022 - 2023

We are thrilled to have been nominated by Warwickshire Music hub to receive the prestigious, national Music Mark award, which celebrates schools who are committed to providing a high-quality music education. Warwickshire Music have recognised the value that we place on music at Lighthorne Heath Primary School. Our school has:

- evidenced of a willingness to engage in development conversations related to improving music provision;
- Recognises the value of music education as part of a broad and balanced curriculum; and
- has a strategy for music in place which provides for all children.





We'd like to introduce you to our wonderful Royal Shakespeare Company Ambassadors. Their role is to work alongside RSC practitioners to promote a love of Shakespeare. They were chosen for this role by their classmates because they demonstrate the qualities of creativity, clear communication and a love of drama. Well done to all our Ambassadors and keep up the good





National Poetry Day

Thursday 6th October was National Poetry Day and pupils were busy at school and at home writing their own verse. Here are two lovely examples: Tayyaba's tribute to the power of poetry and Holly's beautiful descriptive verse.

Poetry

I'll pick up a pen and write a poem,

A poem,

A poem to tell people about my opinion,

With the words that fly out onto the magical paper.

Poems let your imagination run wild—so use your voice!

Find freedom with words like flaming, fabulous fireworks.

Let poetry bring your soul back to life.

By Tayyaba (Year Five)

National Poetry Day



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Article 29: Goals of Education

National Poetry

Set Her Free

Her hair curled like crunchy, Autumn leaves, Her eyes lit up like summer sunshine, Her nose, cold as ice like a winter breeze, Her lips, a warm scarlet, Her skin as pale as snow. Her hopes were as hollow as a cold, dark cave, Her bravery worth a pride of lions, Her heart wounded like a soldier from the war, Her hands filled with rage—ready to attack.

By Holly (Year Six)

National Poetry



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Article 29: Goals of Education

Welcome to the Reading River!

It's six o'clock and we're ready for tea, But look - what's that? It's a RUNAWAY PEA!

RUNAWA

We were absolutely delighted to have some visitors in school on Tuesday and Wednesday - our lovely parents and carers for the pupils in Year 1 who came to visit our Reading River! The children had worked really hard at home, reading everything and anything they could get their hands on, and creating these beautiful collages. They listened really carefully to three stories in the hall, learning some new vocabulary and joining in with the rhyming words.

unicef 🌚

UN Convention on the Rights of the Child Article 29: Goals of Education









J-U-M-P into Reading!

A reminder that Jump In Warwick are offering discounted tickets to children who read regularly:

'Reward your little book worms or encourage your strong-willed non-readers with a 50% off jump sessions at our ultimate trampoline and adventure parks!'

We have two of these special tickets for each class, and teachers will be picking two children's names from a hat who have read for 30 minutes for 10 days (10 minutes for Infants will do!) We will begin the challenge on Monday 10th October so please keep signing your child's reading diary!!





Infant and Junior home reading incentives



Poetry bags for pupils in the Junior classes, and teddy suitcases for the Infant classes are all up and running.

For your child to be nominated by their teacher to take a bag or suitcase home over the weekend, they need to have their reading diary signed <u>every time</u> they read please, and as often as you can. Reading daily makes such a huge difference to your child's ability to read fluently, and to develop good comprehension skills.













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Article 29: Goals of Education







Warwickshire Safe and Active Schools

This year we are proud to be working with Warwickshire County Council to achieve SAFER school status.

The Warwickshire Road Safety Education Team are committed to helping schools become safe and active and so we are offering this award alongside our support and guidance.

The Safer School Programme aims to:

- Promote safe and active travel to and from school and beyond
- Reduce the number of vehicles idling and parking outside schools
- Use SAFER school activities to link with the curriculum and other programmes already running in school
- Work together with the wider community to make a difference and keep children safe.

Over the next academic year, we will send in one of our dedicated Road Safety Officers to deliver assemblies to schools on themes such as: Crossing the Road Safely; Be Bright, Be Seen; and Sustainable Active Travel.

Our school champion, Mrs. Lee, will be working alongside the SAfER team and choosing activities which will be then delivered across the school.

As part of this award, we would be grateful if you could complete the attached survey about your journeys to school.

https://forms.office.com/r/0YcWjLnr2u

Helping Hands

Barnardo's Helplines



- Funded by Department for Levelling Up, Housing and Communities.
- Support is available to adults and children across the UK.
- Therapeutic support is available through Barnardo's LINK service.
- Families can request 6-8 sessions of virtual therapy.
- Support is available via freephone, webchat, email or via a professional referral to the service.

Additional support: Monthly online conversation Club





Support for Adult Asylum Seekers across the UK. The Helpline provides emotional support, advice and signposting. Service users can also access practical and therapeutic support.

Monday- Friday 10am-8pm, Saturday 10am-3pm









- Funded by Home Office until March 2025 to support the emotional and mental wellbeing of adult asylum seekers across the UK. Advisors and therapists speak a range of languages, with access to interpreters when required.
- Therapeutic support is available through Barnardo's LINK service.
- Services users can request 8 sessions of virtual therapy.
- Support is available via freephone, webchat, email or via a professional referral to the service.



Helpline support for anyone impacted by the war in Ukraine. The Helpline provides emotional support, advice and signposting. Service users can access practical and therapeutic support. Callers can receive support in English, Russian or Ukrainian.

Monday- Friday 10am-8pm, Saturday 10am-3pm





- Support is available to families across the U including hosts and professionals seeking advice.
- Therapeutic support is available through Barnardo's LINK service.
- Services users can request 8 sessions of virtu therapy.
- Support is available via freephone or email

Additional support: Group therapeutic support for hosts



2nd November until 16th November 2022 Wednesdays 3 Sessions 12:30-14:30 Please try to enrol before

wea.org.uk

25th October by ringing 0300 303 3464 or click below to be taken directly to further course details and enrolment.

Maths, Beginners: Supporting Your Child with Maths and Numeracy (C3129383) (wea.org.uk)

Please quote course code C3129383.



The intended outcome of the course is to give you the confidence to identify where your child can improve and how support can be offered; all of which will help your child fulfil their potential.

Adult Learning Within Reach

Your Child with

Supporting

Maths and

Numeracy

without having an

knowledge.

education.

A parent is often best

suited to consolidate the learning of their child

extensive mathematical

Therefore, this short

opportunities to fully

course will provide

Location:

This is an online course delivered using Zoom and Canvas for course materials.







Fee Waivers available. If you receive certain benefits you may be entitled to a FREE COURSE.

> Supported by The WEA is a charity registered in England and Wales (no. 1112775) and in Scotland (no.SC039239)

matrix

Adult Learning 2nd November until Within Reach 16th November 2022

First Steps into Numeracy

This course is aimed at adults, of all ages, who need to revisit or start to understand the basics of numeracy/maths to help them in the workplace or in everyday life.

The sessions will look at the basic and initial principles of maths and numeracy so that you can progressively build your mathematical resilience.

It is aimed at those who may have a fear or experience anxiety when faced with a task which relies upon a basic understanding of calculation.

We aim to boost your confidence and master the fundamentals and perhaps use the course as the first step into further study.

Location:

This is an online course delivered using Zoom and Canvas for course materials.



16th November 2022

Wednesdavs 3 Sessions 10:00-12:00

Please try to enrol before 25th October by ringing 0300 303 3464 or click below to be taken directly to further course details and enrolment.

Maths, Beginners: First Steps into Numeracy (C3129382) (wea.org.uk)

Please quote course code C3129382.



Fee Waivers available. If you receive certain benefits you may be entitled to a FREE COURSE.

> Supported by The WEA is a charity registered in England and Wales (no. 1112775) and in Scotland (no.SC039239)

wea.org.uk



Mental Health in Schools Team (MHST) Tips For Wellness:

Strength

Don't be afraid to ask questions and to ask for help when you need it. Asking for help isn't a sign of weakness, it's a sign of strength. It shows you have the courage to admit when you don't know something, and to learn something new.

Tips for strength:

- Identify what your strength and weaknesses are and set yourself goals on things you want to develop.
- Try and challenge yourself to learn something new.
- Look at these affirmations in the link below and incorporate these into your morning routine. Or have a go at creating your own!

https://peakperformancefortcollins.com/affirmations-for-mental-strength/

Key dates:

October is International Walk to School Month

3rd-9th is Dyslexia Awareness Week

5th World Teachers Day

7th World Smile Day

#ThanksKids recognises the super efforts and kindness of young people and thanks them via personalised #NHSStars certificates and pin badges. Please spread this message amongst your school community, all you need to do is let us know by nominating the young person using this email address: **cwp-tr.thankskids@nhs.net** and we'll do the rest!!

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.

#HelloYellow

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Wear something yellow to school on Monday 10th October to support the "Young Minds" charity.

Follow the link to donate: www.justgiving.com/hy2022-243832





Visit www.youngminds. org.uk for more information.

#HelloYellow

UN Convention on the Rights of the Child

Article 24: Health



This year's legendary Belgrade pantomime is the enchanting tale of Jack and the Beanstalk.

The children will travelling to the village of Prickly Bottom where the evil giant Blunderbore is causing havoc! What the village needs is a hero brave enough to climb up to the giant's castle and send him packing. Will Jack and his mysterious beanstalk prove to be the heroes we are looking for? There's only one way to find out!

Jack and the Beanstalk will feature spectacular scenery, stupendous costumes, magical mayhem and a show stopping giant that make a trip to the Belgrade panto an unmissable Christmas treat. Funny, festive and extremely feel-good, don't miss out on this absolute GIANT of a show.

On Thursday 24th November at 10.15am

The children will travel by coach to The Belgrade Theatre. School pick-up time will be at 3.20pm, as usual.

The cost of this visit will be confirmed soon, when we have received quotes from coach companies.

Please note that school will be subsiding the cost of the trip and meeting the costs for all adults. When costs have been confirmed, parents and carers will be able to pay in instalments via Parent Pay.

Christmas Theatre Visit Reception, Year 1 and Year 2

We are very excited to have booked tickets for the children in Reception, Year 1 and Year 2 to visit Warwick Arts Centre On Thursday 8th December at 10.30am to see Stick Man

The children will travel by coach to Warwick Arts Centre. They will eat lunch when they are back in school, and school pick-up time will be at 3.20pm, as usual.

The cost of this visit will be confirmed soon, when we have received quotes from coach companies.

Please note that school will be subsiding the cost of the trip and meeting the costs for all adults. When costs have been confirmed, parents and carers will be able to pay in instalments via Parent Pay.



What starts off as a morning jog becomes quite the misadventure for Stick Man: a dog wants to play fetch with him, a swan builds a nest with him, and he even ends up on a fire! How will Stick Man ever get back to the family tree?

This award-winning production, from the team behind *Zog*, *Tiddler and other Terrific Tales*, and *Tabby McTat* features a trio of top actors and is packed full of puppetry, songs, live music and funky moves.

Christmas Theatre Visit Year 5 and Year 6

Charles Dickens' festive tale of redemption and compassion. One of the most loved short stories ever written.

On Tuesday 8th November at 7pm. The children will travel by coach to The RSC.

The cost of this visit will be confirmed soon, when we have received quotes from coach companies.

Please note that school will be subsiding the cost of the trip and meeting the costs for all adults. When costs have been confirmed, parents and carers will be able to pay in instalments via Parent Pay.



The smash hit of Christmas past returns to the Royal Shakespeare Theatre by popular demand following sell-out success in 2017 and 2018.

Adrian Edmondson will play Ebenezer Scrooge in David Edgar's critically acclaimed adaptation of Charles Dickens' much-loved classic, A Christmas Carol.

In 1843, Charles Dickens decided to write a political manifesto, exposing and condemning the abject misery of the Victorian poor. Instead, he wrote one of the most enduring popular short stories ever written. In one ghostly Christmas night, miserly businessman Ebenezer Scrooge discovers the limitations of his life and beliefs. He learns to pity himself and to love his neighbour – but is that enough?

A Christmas Carol is the perfect accompaniment to the festive season for ages seven to 107.

Diary Dates

Monday 10th October	World Mental Health Day—wear something yellow to school to support the charity Young Minds. Donate via our Just Giving page.
Tuesday 11th October, 9.15— 9.45	Y6 JvS Swans Spoken Word event—Parents and carers of pupils in this class are warmly invited to attend.
Tuesday 11th October	Y3 trip to Cadbury World.
Wednesday 12th October, 9.15— 9.45	Y6 CB Moorhens Spoken Word event—Parents and carers of pupils in this class are warmly invited to attend.
Tuesday 18th October, 10.15— 10.30.	Y2 LM class assembly in the main hall — parents/carers of pupils in this class are warmly invited to attend.
Tuesday 18th October	Y5 Kittiwakes and Moorhens—trip to The National Space Centre.
Tuesday 18th October	Peer mediation training for Y6 JvS Swans.
Wednesday 19th October	Parent-Teacher Conferencing via Microsoft Teams, 3.30—6.00pm
Thursday 20th October	Parent-Teacher Conferencing via Microsoft Teams, 3.30—6.00pm
Thursday 20th October	Peer mediation training for Y6 CBMoorhens.
Friday 21st October	MUFTI (non-uniform) Day. Bring a 50p donation to School Fund if your child wears their own choice of clothes to school.
Friday 21st October	Parent-Teacher Conferencing via Microsoft Teams, 3.30—6.00pm

Friday 21st October—break up for Half-Term.

Monday 24th—Friday 28th October school closed for Half-Term holiday.

Pupils return to school on Monday 31st October.

Tuesday 8th November	Y5/6 theatre visit to see The Royal Shakespeare Company's production of "A Christmas Carol." 7pm performance.
Tuesday 8th November, 9.00— 9.15.	Y6 JvS Swans class assembly in the main hall — parents/carers of pupils in this class are warmly invited to attend.
Monday 21st November	School closed for INSET (teacher training) - rehearsal room pedagogies, led by The Royal Shakespeare Company.
Tuesday 22nd November	School closed for INSET (teacher training) - Emotion Coaching, led by Dr Louise Gilbert.
Wednesday 23rd November	School closed for INSET (teacher training) - Attachment theory and PACE, led by The Educational Psychology Service.
Thursday 24th November	Y3/4 theatre visit to The Belgrade Theatre to see "Jack and the Beanstalk." 10.15am performance.
Wednesday 30th November	YR Robins and Goldfinches Nativity performance—Receptions parents/carers are warmly invited to attend.
Thursday 1st December	Pop-up planetarium for Y1.
Wednesday 7th December	Y1/2 carol concert—parents/carers are warmly invited to attend.
Thursday 8th December	Y3/4 carol concert—parents/carers are warmly invited to attend.
Thursday 8th December	Recorder players performing in the local community.
Friday 9th December	Y5/6 carol concert—parents/carers are warmly invited to attend.
Friday 9th December	Christmas jumper day! Wear a festive outfit to school.
Thursday 8th December	YR/1/2 theatre visit to see "The Stick Man" at Warwick Arts' Centre. 10.30am performance.

Friday 16th December—break up for the Christmas holiday.

Monday 19th—Friday 30th December school closed for Christmas holiday.

Monday 2nd January—school closed for bank holiday

Tuesday 3rd January—school closed for INSET—Inclusion training, led by The Education Psychology Service.

Pupils return to school for the Spring Term on Wednesday 4th January

Sydenham Superstars



